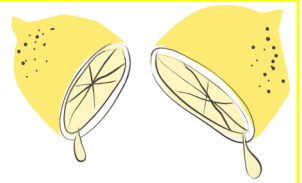
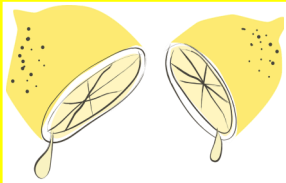


The Country House & Commons

July 22nd—28th



Monday the 22nd With Lee	Tuesday the 23rd With Rita	Wednesday the 24th With Lee	Thursday the 25th With Rita
<p>9:45 Morning Gathering Topic: American aviator Wiley Post returns to Floyd Bennett Field in New York, after 7 days—18 hours—and 49 minutes, becoming the first person to have flown solo around the world</p> <p>10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Hand Massages and Melodies 12:00 Lunch 1:00 Music or Movie</p> <p><u>Pumpkin Visits!</u> 1:30 @ House 2:15 @ Commons</p> <p>2:30 <i>Get Moving: Beanbag Toss</i> 3:00 Spa at the House 4:00 Reading and Companion Time</p>	<p> HBD Pat L! </p> <p>9:45 Morning Gathering Topic: Samuel Colt, initiator of the Colt's Patent Firearm Manufacturing Company, and made the mass production of revolvers possible, is born in Hartford, Connecticut</p> <p>10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music or Movie 1:00 Group Game: High Rollers 2:00 <i>Get Moving: Balloon Volleyball</i></p> <p><u>Harpist Healing</u> 2:30 CMS</p> <p>3:30 <i>Get Moving: Beanbag toss</i> 4:00 Reading and Companion Time</p>	<p>9:45 Morning Gathering Topic: Amelia Earhart, legendary aviator and the first woman to fly solo across the Atlantic, is born in Atchison, Kansas</p> <p>10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music or Movie 1:00 <i>Get Moving: Target Shoot</i></p> <p><u>Bible Study with Lee!</u> 1:45 @ Commons 2:45 @ House</p> <p>3:45 Hand Massages and Melodies 4:00 Reading and Companion Time</p>	<p>9:45 Morning Gathering Topic: Nate Thurmond, American Basketball Hall of Fame forward for the Chicago Bulls, and seven time NBA All-Star, is born in Akron, Ohio</p> <p>10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music or Movie</p> <p><u>Flower Arranging!</u> 1:30 House</p> <p>3:30 <i>Get Moving: Balloon Volleyball</i> 4:00 Reading and Companion Time</p>
Friday the 26th With Lee	Saturday the 27th	Sunday the 28th	Key
<p>9:45 Morning Gathering Topic: The United States postal system is established by the Second Continental Congress, with Benjamin Franklin appointed as the first Postmaster General</p> <p>10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Hand Massages and Melodies 12:00 Lunch 1:00 Music or Movie</p> <p><u>Music With Pam</u> 1:15 House</p> <p>2:30 <i>Get Moving: Chair Bowling</i> 3:00 Spa at the House 4:00 Reading and Companion Time</p>	<p>9:45 Morning Gathering Topic: The Congressional House Judiciary Committee recommends Nixon be impeached and removed from the office of the Presidency</p> <p>10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Montessori Connections 12:00 Lunch 1:00 Music appreciation 1:00 Spa at the House</p> <p><u>Popcorn Bar & Movie</u> 2:30 @ House 3:30 @ Commons</p> <p></p> <p>4:00 Reading and Companion Time</p>	<p></p> <p>9:00 Sunday Morning Hymns 10:00 Coffee and News—(CBS Sunday Morning) 11:00 Morning Walks (Weather Permitting) 12:00 Lunch 1:00 Musicians of your time: Music Appreciation 3:00 Movie Of The Day—“Lee’s Library” Pick!</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons ***All activities are subject to change ***</p> <p><i>Quote of the Week:</i></p> <p><i>“If life gives you lemons, don’t settle for simply making lemonade—make a glorious scene at a lemonade stand.”</i></p> <p><i>-Elizabeth Gilbert</i></p>