



# The Country House & Commons

## July 8th—14th



Monday the 8th With Lee	Tuesday the 9th With Rita	Wednesday the 10th With Lee	Thursday the 11th With Rita
<p> HBD Jim! </p> <p>9:45 Morning Gathering Topic: The last Thunderbird, Ford Motor Company's iconic sports car, emerges from a Ford factory in Wixom, Michigan after fifty years on the market 10:30 Sit &amp; Be Fit Exercises 10:45 Hydration 11:00 Sit &amp; Be Fit 11:15 Hand Massages and Melodies 12:00 Lunch 1:00 Music or Movie</p> <p><b><u>Harpist Healing</u></b> 2:30 CMS</p> <p>2:30 <i>Get Moving: Beanbag Toss</i> 3:00 Spa at the House 4:00 Reading and Companion Time</p>	<p>9:45 Morning Gathering Topic: President Lyndon B Johnson signs into law the historic Civil Rights Act in a nationally televised ceremony at the White House 10:30 Sit &amp; Be Fit Exercises 10:45 Hydration 11:00 Sit &amp; Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music or Movie 1:00 Group Game: High Rollers 2:00 <i>Get Moving: Balloon Volleyball</i></p> <p><b><u>Trinkets to Treasures Bazaar!</u></b> 3:00 House</p> <p>4:00 Reading and Companion Time</p>	<p>9:45 Morning Gathering Topic: George M. Cohan, American father of musical comedy, best known for "Give my Regards to Broadway", is born in Providence, Rhode Island. 10:30 Sit &amp; Be Fit Exercises 10:45 Hydration 11:00 Sit &amp; Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music or Movie 1:00 <i>Get Moving: Target Shoot</i></p> <p><b><u>Bible Study with Lee!</u></b> 1:45 @ Commons 2:45 @ House</p> <p>3:45 Hand Massages and Melodies 4:00 Reading and Companion Time</p>	<p>9:45 Morning Gathering Topic: George M. Cohan, American father of musical comedy, best known for "Give my Regards to Broadway", is born in Providence, Rhode Island. 10:30 Sit &amp; Be Fit Exercises 10:45 Hydration 11:00 Sit &amp; Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music or Movie</p> <p><b><u>Flower Arranging!</u></b> 1:30 House</p> <p>3:30 <i>Get Moving: Balloon Volleyball</i> 4:00 Reading and Companion Time</p>
Friday the 12th With Lee	Saturday the 13th With	Sunday the 14th	Key
<p>9:45 Morning Gathering Topic: French designer Louis Reard unveils a daring (and soon to be iconic) new swimsuit at a popular swimming pool in Paris, which Reard dubbed: the bikini 10:30 Sit &amp; Be Fit Exercises 10:45 Hydration 11:00 Sit &amp; Be Fit 11:15 Hand Massages and Melodies 12:00 Lunch 1:00 Music or Movie</p> <p><b><u>Music With Pam</u></b> 1:15 House</p> <p>2:30 <i>Get Moving: Chair Bowling</i> 3:00 Spa at the House 4:00 Reading and Companion Time</p>	<p>9:45 Morning Gathering Topic: Althea Gibson becomes the first African American tennis player to win a Championship at Wimbledon after claiming the Women's Singles title. 10:30 Sit &amp; Be Fit Exercises 10:45 Hydration 11:00 Sit &amp; Be Fit 11:15 Montessori Connections with Gabby 12:00 Lunch 1:00 Music appreciation 1:00 Spa at the House</p> <p><b><u>Popcorn Bar &amp; Movie</u></b> 2:30 @ House 3:30 @ Commons</p>  <p>4:00 Reading and Companion Time</p>	 <p><small>Sweetclipart.com</small></p> <p>9:00 Sunday Morning Hymns 10:00 Coffee and News—(CBS Sunday Morning) 11:00 Morning Walks (Weather Permitting) 12:00 Lunch 1:00 Musicians of your time: Music Appreciation 3:00 Movie Of The Day—"Lee's Library" Pick!</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House &amp; Commons ***All activities are subject to change ***</p> <p><b><i>Quote of the Week:</i></b></p> <p><i>"The more sand has escaped from the hour-glass of our life, the clearer we should see through it."</i></p> <p><i>-Jean Paul</i></p>