

The Country House & Commons July 1st—7th



Monday the 1st With Lee	Tuesday the 2nd With Rita	Wednesday the 3rd With Lee	Thursday the 4th With Rita
9:45 Morning Gathering Topic: The last Thunderbird, Ford Motor Company's iconic sports car, emerges from a Ford factory in Wixom, Michigan after fifty years on the market 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Hand Massages and Melodies 12:00 Lunch 1:00 Music or Movie	9:45 Morning Gathering Topic: President Lyndon B Johnson signs into law the historic Civil Rights Act in a nationally televised ceremony at the White House 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music or Movie 1:00 Group Game: High Rollers 2:00 Get Moving: Balloon	9:45 Morning Gathering Topic: George M. Cohan, American father of musical comedy, best known for "Give my Regards to Broad- way", is born in Provi- dence, Rhode Island. 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music or Movie 1:00 Get Moving: Target Shoot	4th of July Pancake Breakfast 9:00 AM House & CMS 10:30 Morning Gathering 11:00 Sit & Be Fit 11:15 Hydration 11:30 Spa at the Commons 12:00 Lunch 1:00 Music or Movie
Guitar with Kim & Poppy! 1:30 House 2:30 Get Moving: Beanbag Toss 3:00 Spa at the House 4:00 Reading and Companion Time	Volleyball Star Spangled Cookie Decorating 2:30@ House 3:30 @ Commons 4:00 Reading and Companion Time	Bible Study with Lee! 1:45 @ Commons 2:45 @ House 3:45 Hand Massages and Melodies 4:00 Reading and Companion Time	Independence Day Party 2:00 House 3:30 Get Moving: Balloon Volleyball 4:00 Reading and Companion Time
Friday the 5th With Lee	Saturday the 6th With Lexi	Sunday the 7th With Lexi	Key
9:45 Morning Gathering Topic: French designer Louis Reard unveils a daring (and soon to be iconic) new swimsuit at a popular swim- ming pool in Paris, which Reard dubbed: the bikini 10:30 Sit & Be Fit Exercises 10:45 Hydration	9:45 Morning Gathering Topic: Althea Gibson becomes the first African American tennis player to win a Championship at Wimbledon after claiming the Women's Singles title. 10:30 Sit & Be Fit Exercises 10:45 Hydration		Country House Country Commons Special Events or Outings Lunch Country House & Commons ***All activities are subject to change *** Quote of

11:00 Sit & Be Fit 11:15 Hand Massages and Melodies 12:00 Lunch

> Music With Pam 1:15 House

1:00 Music or Movie

2:30 Get Moving: Chair **Bowling** 3:00 Spa at the House 4:00 Reading and Companion Time

11:00 Sit & Be Fit

11:15 Montessori Connections with Gabby

12:00 Lunch

1:00 Music appreciation

1:00 Spa at the House

Popcorn Bar & Movie

2:30 @ House 3:30 @ Commons



4:00 Reading and Companion Time



10:00 Morning Gathering: Construction of the Hoover Dam—the largest of its time—is begun in Clark County, Nevada 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Montessori Connections with Gabby 12:00 Lunch 1:00 Music or Movie 1:15 Spa Time 2:00 Afternoon Walks (Weather Permitting)

3:00 Group Activity: Games with Gabby

4:00 Movie of the Day

the Week:

"Patriotism is supporting your country all the time, and your government when it deserves it.

-Mark Twain