



The Country House and Commons

September 3rd — September 9th



Monday the 3rd With Lee	Tuesday the 4th With Liz	Wednesday the 5th With Lee	Thursday the 6th With Liz
<p>9:45 Morning Gathering: Treaty of Paris signed 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Companion Time 12:00 Lunch 1:00 Music Appreciation</p> <p>Guitar with Kim & Poppy! 1:30 House</p> <p>2:30 Spa at the House 3:30 R.A. Activity: Nuts and Bolts 3:30 Get Moving: Golf 4:00 Reading 5:45 R.A activity: Nail Cleaning</p>	<p>9:45 Morning Gathering: Geronimo surrenders 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music Appreciation 1:00 Montessori with Liz</p> <p>Country Village Trinkets to Treasures Bazaar! 2:30 House</p> <p>3:30 Get Moving: Beanbag toss 3:30 R.A Activity: Pixy Cubes 4:00 Reading 5:45 R.A activity: Nail Cleaning</p> 	<p>9:45 Morning Gathering: Pasternak's Dr. Zhivago is published in the United States 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music Appreciation 1:00 Walks to the house for music</p> <p>Music With Pam 1:15 House</p> <p>2:30 R.A Activity: Barrel of Monkeys 3:00 Get moving: Bowling 3:30 Companion Time 5:45 R.A activity: Nail Cleaning</p>	<p>9:45 Morning Gathering: First tank is produced 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music Appreciation 1:30 Walks to House for flowers</p> <p>Flower Arranging! 2:00 House</p> <p>2:30 R.A Activity: Nuts and Bolts 3:00 Get Moving: Target game 3:30 Get Moving: Balloon volleyball 4:00 Companion Time</p> <p>NFL Season Kick-off! 5:30 House & CMS</p>
Friday the 7th With Liz	Saturday the 8th With Liz	Sunday the 9th With Carol	Key
<p>9:45 Morning Gathering: United States nicknamed 'Uncle Sam' 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Montessori with Liz 12:00 Lunch 1:00 Music Appreciation 1:00 Spa at the House 2:00 Group Game: Bumper Stumpers! 3:00 Get Moving: Balloon Toss 3:30 Get Moving: Beanbag toss 3:30 R.A Activity: Teddy Bear Bingo 4:00 Reading 5:45 R.A activity: Nail Cleaning</p>	<p>9:45 Morning Gathering: First national broadcast of 'The Oprah Winfrey Show' airs in 1986 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Montessori with Liz 12:00 Lunch 1:00 Music Appreciation 1:00 Spa at the House</p> <p>Popcorn Bar & Movie 2:00 @ House 3:00 @ Commons</p> <p>3:30 Afternoon RA Activity: Ball Toss 4:00 Companion Time 5:45 R.A activity: Nail Cleaning</p>	 <p>10:00 Morning Gathering: Presidents child born in WH 10:15 Sit & Be Fit 10:30 Companion Time 11:15 Companion Time 12:00 Lunch 1:00 Spa Time 2:00 Afternoon Walks (Weather permitting) 3:00 Group Activity: Chat Pack 4:00 Movie of the Day 5:45 R.A activity: Nail Cleaning</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons</p> <p>Quote of the Week</p> <p><i>"Autumn is a second spring; when every leaf is a flower."</i></p> <p>- Albert Camus</p>