



The Country House and Commons

September 24th — September 30th



Monday the 24th With Lee	Tuesday the 25th With Liz	Wednesday the 26th With Lee	Thursday the 27th With Liz
<p>9:45 Morning Gathering: The first supreme court is established 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Companion Time 12:00 Lunch 1:00 Music Appreciation</p> <p><u>Pumpkin Visits!</u> 1:30 @ House 2:00 @ Commons</p> <p>2:30 Get Moving: Balloon Volleyball 3:30 R.A. Activity: Coloring pages 3:00 Spa at the House 4:00 Reading 5:45 R.A activity: Nail Cleaning</p>	<p>9:45 Morning Gathering: Central high school is integrated 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music Appreciation 1:00 Montessori with Liz 2:00 Get Moving: Golf 2:30 Group Game: High Rollers 3:30 Get Moving: Beanbag toss 3:30 R.A Activity: Pixy Cubes 4:00 Reading 5:45 R.A activity: Nail Cleaning</p> 	<p>9:45 Morning Gathering: First Kennedy V Nixon debate 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music Appreciation</p> <p><u>Bible Study with Lee!</u> 1:45 @ Commons 2:45 @ House</p> <p>3:00 R.A Activity: Barrel of Monkeys 3:30 Get moving: Beanbag Toss 4:00 Companion Time 5:45 R.A activity: Nail Cleaning</p>	<p>Riddle: What do you get when you drop a pumpkin?</p> <p>9:45 Morning Gathering: HBD Stephen King 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music Appreciation 1:30 Walks to the house for flowers</p> <p><u>Flower Arranging!</u> 2:00 House</p> <p>2:30 R.A Activity: Nuts and Bolts 3:30 Get Moving: Bowling 4:00 Companion Time</p> <p style="text-align: right;">jsnbs</p>
Friday the 28th With Lee	Saturday the 29th With Gabby	Sunday the 30th With Carol	Key
<p>9:45 Morning Gathering: Ted Williams becomes last ball player to hit .400 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Companion Time 12:00 Lunch 1:00 Music Appreciation 1:00 Spa at the House</p> <p><u>Music With Pam</u> 1:15 CMS</p> <p>3:00 Get Moving: Bowling 3:30 R.A Activity: <i>Teddy Bear Bingo</i> 3:30 Get Moving: Balloon Toss 4:00 Reading 5:45 R.A activity: Nail Cleaning</p>	<p>9:45 Morning Gathering: HBD Gene Autry: "The Singing Cowboy" 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Group Games with Gabby 12:00 Lunch 1:00 Music Appreciation 1:00 Spa at the House</p> <p><u>Popcorn Bar & Movie</u> 2:30 @ House 3:00 @ Commons</p> <p>2:30 Afternoon RA Activity: <i>Nuts and Bolts</i> 3:30 Get Moving: Balloon toss 4:00 Companion Time 5:45 R.A activity: Nail Cleaning</p>	<p><u>Sunday Comic</u></p>  <p>© 2018 Jill Keane, Inc. Dist. by King Features Synd. www.familycircus.com</p> <p>"Help us, Jeffy. We need to move the leaves so the snow has room to fall."</p> <p>10:00 Morning Gathering: HBD Elie Wiesel 10:15 Sit & Be Fit 10:30 Companion Time 11:15 Companion Time 12:00 Lunch 1:00 Spa Time 2:00 Afternoon Walks (Weather permitting) 3:00 Group Activity: Chat Pack 4:00 Movie of the Day 5:45 R.A activity: Nail Cleaning</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons</p> <p>Quote of the Week:</p> <p>"Autumn shows us how beautiful it is to let things go."</p> <p>-Unknown</p>