



The Country House and Commons

October 8th — October 14th



Monday the 8th With Lee	Tuesday the 9th With Liz	Wednesday the 10th With Lee	Thursday the 11th With Liz
<p>9:45 Morning Gathering: Great Chicago Fire begins to burn 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Companion Time 12:00 Lunch 1:00 Music Appreciation 1:00 Walks to the House for music</p> <p style="text-align: center;"><u>Guitar with Kim & Poppy!</u> 1:30 House</p> <p>2:30 Get Moving: Balloon Volleyball 3:00 Spa at the House 3:30 R.A. Activity: Coloring pages 4:00 Reading 5:45 R.A activity: Nail Cleaning</p>	<p>9:45 Morning Gathering: Hoover Dam begins sending electricity to Los Angeles 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music Appreciation 1:00 Montessori with Liz 2:00 Get Moving: Bean bag toss</p> <p style="text-align: center;"><u>Trinkets to Treasures Bazaar!</u> 3:00 House</p> <p>3:30 Get Moving: Beanbag toss 3:30 R.A Activity: Pixy Cubes 4:00 Reading 5:45 R.A activity: Nail Cleaning</p>	<p>9:45 Morning Gathering: The United States Naval Academy is founded in Annapolis Maryland 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music Appreciation</p> <p style="text-align: center;"><u>Bible Study with Lee!</u> 1:45 @ Commons 2:45 @ House</p> <p>3:00 R.A Activity: Barrel of Monkeys 3:30 Get moving: Monster Ball Toss 4:00 Companion Time 5:45 R.A activity: Nail Cleaning</p>	<p>9:45 Morning Gathering: President Jimmy Carter wins Nobel Peace Prize 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music Appreciation 1:30 Walks to the house for flowers</p> <p style="text-align: center;"><u>Flower Arranging!</u> 2:00 House</p> <p>2:30 R.A Activity: Nuts and Bolts 3:00 Get Moving: Scarf dancing 3:30 Get Moving: Pump-kin Golf 4:00 Companion Time 5:45 R.A activity: Nail Cleaning</p>
Friday the 12th With Lee	Saturday the 13th With Gabby	Sunday the 14th With Carol	Key
<p>9:45 Morning Gathering: Oktoberfest is originated 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Sit & Be Fit 11:15 Companion Time 12:00 Lunch 1:00 Music Appreciation 1:00 Spa at the House</p> <p style="text-align: center;"><u>Music With Pam</u> 1:15 House</p> <p>3:00 Get Moving: Mummy Bowling 3:30 R.A Activity: Teddy Bear Bingo 3:30 Get Moving: Balloon Toss 4:00 Reading 5:45 R.A activity: Nail Cleaning</p>	<p style="text-align: center;"><u>Walk to End Alzheimer's</u> Loading @ 8am Both Houses</p> <p>12:00 Return from Walk 12:00 Lunch 1:00 Music Appreciation 1:00 Spa at the House</p> <p style="text-align: center;"><u>Popcorn Bar & Movie</u> 2:30 @ House 3:00 @ Commons</p> <p>2:30 Afternoon RA Activity: Nuts and Bolts 3:30 Get Moving: Balloon toss 4:00 Companion Time 5:45 R.A activity: Nail Cleaning</p>	<div data-bbox="846 1593 1203 1956" data-label="Image"></div> <p style="text-align: center;">"If you're wondering whether the kids will like that candy, I could taste-test it for you."</p> <p>10:00 Morning Gathering: Yeager breaks the sound barrier 10:15 Sit & Be Fit 10:30 Companion Time 11:15 Companion Time 12:00 Lunch 1:00 Spa Time 2:00 Afternoon Walks 3:00 Group Activity: Chat Pack 4:00 Movie of the Day 5:45 R.A activity: Nail Cleaning</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons</p> <p style="text-align: center;"><i>Quote of the Week:</i></p> <p style="text-align: center;"><i>"Double, double toil and trouble; fire burn, and cauldron bubble."</i></p> <p style="text-align: center;"><i>-Shakespeare</i></p>