



# The Country House and Commons

## October 1st — October 7th



Monday the 1st With Lee	Tuesday the 2nd With Liz	Wednesday the 3rd With Lee	Thursday the 4th With Liz
<p>9:45 Morning Gathering: Yosemite National Park is established 10:30 Sit &amp; Be Fit Exercises 10:45 Hydration 11:00 Sit &amp; Be Fit 11:15 Companion Time 12:00 Lunch 1:00 Music Appreciation</p> <p><b><u>Sing along with Lee!</u></b> 1:30 House</p> <p>2:30 Get Moving: Balloon Volleyball 3:30 R.A. Activity: Coloring pages 3:00 Spa at the House 4:00 Reading 5:45 R.A activity: Nail Cleaning</p>	<p>9:45 Morning Gathering: Gibson strikes out 17 in World Series 10:30 Sit &amp; Be Fit Exercises 10:45 Hydration 11:00 Sit &amp; Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music Appreciation 1:00 Montessori with Liz 2:00 Get Moving: Golf 2:30 Group Game: Kings in the Corner 3:30 Get Moving: Beanbag toss 3:30 R.A Activity: Pixy Cubes 4:00 Reading 5:45 R.A activity: Nail Cleaning</p> <p><b><i>Riddle:</i></b> <i>What room does a ghost try to avoid?</i></p> <p style="text-align: right;"><i>A. The living room!</i></p>	<p>9:45 Morning Gathering: Lincoln proclaims official Thanksgiving national holiday 10:30 Sit &amp; Be Fit Exercises 10:45 Hydration 11:00 Sit &amp; Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music Appreciation</p> <p><b><u>Bible Study with Lee!</u></b> 1:45 @ Commons 2:45 @ House</p> <p>3:00 R.A Activity: Barrel of Monkeys 3:30 Get moving: Beanbag Toss 4:00 Companion Time 5:45 R.A activity: Nail Cleaning</p>	<p>9:45 Morning Gathering: Sputnik is launched 10:30 Sit &amp; Be Fit Exercises 10:45 Hydration 11:00 Sit &amp; Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music Appreciation</p> <p><b><u>Harpist Healing</u></b> 1:30 CMS</p> <p>2:30 Walks to the house for flowers</p> <p><b><u>Flower Arranging!</u></b> 3:00 House</p> <p>2:30 R.A Activity: Nuts and Bolts 3:30 Get Moving: Golf 4:00 Companion Time</p>
Friday the 5th With Lee	Saturday the 6th With Gabby	Sunday the 7th With Carol	Key
<p>9:45 Morning Gathering: First presidential speech is televised 10:30 Sit &amp; Be Fit Exercises 10:45 Hydration 11:00 Sit &amp; Be Fit 11:15 Companion Time 12:00 Lunch 1:00 Music Appreciation 1:00 Spa at the House</p> <p><b><u>Music With Pam</u></b> 1:15 House</p> <p>3:00 Get Moving: Bowling 3:30 R.A Activity: <i>Teddy Bear Bingo</i> 3:30 Get Moving: Balloon Toss 4:00 Reading 5:45 R.A activity: Nail Cleaning</p>	<p>9:45 Morning Gathering: First United States train robbery 10:30 Sit &amp; Be Fit Exercises 10:45 Hydration 11:00 Sit &amp; Be Fit 11:15 Group Games with Gabby 12:00 Lunch 1:00 Music Appreciation 1:00 Spa at the House</p> <p><b><u>Popcorn Bar &amp; Movie</u></b> 2:30 @ House 3:00 @ Commons</p> <p>2:30 Afternoon RA Activity: <i>Nuts and Bolts</i> 3:30 Get Moving: Balloon toss 4:00 Companion Time 5:45 R.A activity: Nail Cleaning</p>	<p>HBD Ron!</p>  <p>10-31 © 2007 Bill Keene, Inc. Dist. by King Features Syndicate www.familycircus.com</p> <p>“You shouldn’t eat pumpkin pie near a jack-o’-lantern!” Connery stars in “Never say Never Again” 10:15 Sit &amp; Be Fit 10:30 Companion Time 11:15 Companion Time 12:00 Lunch 1:00 Spa Time 2:00 Afternoon Walks 3:00 Group Activity: Chat Pack 4:00 Movie of the Day 5:45 R.A activity: Nail Cleaning</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House &amp; Commons</p> <p><b><i>Quote of the Week:</i></b> <i>“Those who don’t believe in magic will never find it.”</i></p> <p><b><i>-Roald Dahl</i></b></p>