### Monday the 8th  With Lee
- **9:45**  Morning Gathering  Topic: The last Thunderbird, Ford Motor Company’s iconic sports car, emerges from a Ford factory in Wixom, Michigan after fifty years on the market
- **10:30**  Sit & Be Fit Exercises
- **10:45**  Hydration
- **11:00**  Sit & Be Fit
- **11:15**  Hand Massages and Melodies
- **12:00**  Lunch
- **1:00**  Music or Movie

**Harpist Healing**
- **2:30**  CMS

**2:30**  Get Moving: Beanbag Toss
**3:00**  Spa at the House
**4:00**  Reading and Companion Time

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### Tuesday the 9th  With Rita
- **9:45**  Morning Gathering  Topic: President Lyndon B. Johnson signs into law the historic Civil Rights Act in a nationally televised ceremony at the White House
- **10:30**  Sit & Be Fit Exercises
- **10:45**  Hydration
- **11:00**  Sit & Be Fit
- **11:15**  Spa at the Commons
- **12:00**  Lunch
- **1:00**  Music or Movie
- **1:00**  Group Game: High Rollers
**2:00**  Get Moving: Balloon Volleyball

**Trinkets to Treasures Bazaar!**
- **3:00**  House

**4:00**  Reading and Companion Time

### Wednesday the 10th  With Lee
- **9:45**  Morning Gathering  Topic: George M. Cohan, American father of musical comedy, best known for “Give my Regards to Broadway”, is born in Providence, Rhode Island.
- **10:30**  Sit & Be Fit Exercises
- **10:45**  Hydration
- **11:00**  Sit & Be Fit
- **11:15**  Spa at the Commons
- **12:00**  Lunch
- **1:00**  Music or Movie
- **1:00**  Get Moving: Target Shoot

**Bible Study with Lee!**
- **1:45 @ Commons**
- **2:45 @ House**

**3:45**  Hand Massages and Melodies
**4:00**  Reading and Companion Time

### Thursday the 11th  With Rita
- **9:45**  Morning Gathering  Topic: George M. Cohan, American father of musical comedy, best known for “Give my Regards to Broadway”, is born in Providence, Rhode Island.
- **10:30**  Sit & Be Fit Exercises
- **10:45**  Hydration
- **11:00**  Sit & Be Fit
- **11:15**  Spa at the Commons
- **12:00**  Lunch
- **1:00**  Music or Movie

**Flower Arranging!**
- **1:30**  House

**3:30**  Get Moving: Balloon Volleyball
**4:00**  Reading and Companion Time

### Friday the 12th  With Lee
- **9:45**  Morning Gathering  Topic: French designer Louis Reard unveils a daring (and soon to be iconic) new swimsuit at a popular swimming pool in Paris, which Reard dubbed: the bikini
- **10:30**  Sit & Be Fit Exercises
- **10:45**  Hydration
- **11:00**  Sit & Be Fit
- **11:15**  Hand Massages and Melodies
- **12:00**  Lunch
- **1:00**  Music or Movie

**Music With Pam**
- **1:15**  House

**2:30**  Get Moving: Chair Bowling
**3:00**  Spa at the House
**4:00**  Reading and Companion Time

**Country House**
**Country Commons**
**Special Events or Outings**
**Lunch**
**Country House & Commons***All activities are subject to change***

### Saturday the 13th  With
- **9:45**  Morning Gathering  Topic: Althea Gibson becomes the first African American tennis player to win a Championship at Wimbledon after claiming the Women’s Singles title.
- **10:30**  Sit & Be Fit Exercises
- **10:45**  Hydration
- **11:00**  Sit & Be Fit
- **11:15**  Montessori Connections with Gabby
- **12:00**  Lunch
- **1:00**  Music appreciation
- **1:00**  Spa at the House

### Sunday the 14th
- **9:45**  Morning Gathering  Topic: Althea Gibson becomes the first African American tennis player to win a Championship at Wimbledon after claiming the Women’s Singles title.
- **10:30**  Sit & Be Fit Exercises
- **10:45**  Hydration
- **11:00**  Sit & Be Fit
- **11:15**  Montessori Connections with Gabby
- **12:00**  Lunch
- **1:00**  Music appreciation
- **1:00**  Spa at the House

**Popcorn Bar & Movie**
- **2:30 @ House**
- **3:30 @ Commons**

**2:30**  Get Moving: Chair Bowling
**3:00**  Spa at the House
**4:00**  Reading and Companion Time

**4:00**  Reading and Companion Time

### Key

**Quote of the Week:**

“The more sand has escaped from the hourglass of our life, the clearer we should see through it.”

-Jean Paul