



# The Country House and Commons

## December 24th—30th



Monday the 24th With Lee	Tuesday the 25th With Lee	Wednesday the 26th With Lee	Thursday the 27th With Liz
<p>9:45 Morning Gathering: The Mona Lisa is recovered in Florence 10:30 Sit &amp; Be Fit Exercises 10:45 Hydration 11:00 Sit &amp; Be Fit 11:15 Companion Time 12:00 Lunch 1:00 Music or Movie</p> <p><b><u>Christmas Eve Bible Study with Lee!</u></b> 1:45 @ Commons 2:45 @ House</p>  <p><i>Christmas Eve Dinner 4:00 pm</i></p>	<p><b>Christmas Day</b></p> <p>9:45 Morning Gathering: The Great War has their famous Christmas truce 10:30 Sit &amp; Be Fit Exercises 10:45 Hydration 11:00 Sit &amp; Be Fit 11:15 Spa at the Commons 12:00 Lunch</p>  <p><i>Christmas Movie Marathon 1:00 pm</i></p>	<p>9:45 Morning Gathering: The first day of the first Kwanzaa is celebrated in Los Angeles 10:30 Sit &amp; Be Fit Exercises 10:45 Hydration 11:00 Sit &amp; Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music or Movie 1:00 Companion Time</p> <p><b><u>Sing along with Lee!</u></b> 1:30 @ Commons 2:30 @ House</p> <p>3:30 <i>Get Moving: Balloon volleyball</i> 4:00 Reading and Companion Time</p>	<p>9:45 Morning Gathering: Rockefeller opens Radio City Music Hall in New York City 10:30 Sit &amp; Be Fit Exercises 10:45 Hydration 11:00 Sit &amp; Be Fit 11:15 Spa at the Commons 12:00 Lunch 1:00 Music or Movie 1:00 Walks to the House for flowers</p> <p><b><u>Flower Arranging!</u></b> 1:30 House</p> <p>3:00 <i>Get Moving: Beanbag toss</i> 3:30 <i>Montessori connections with Liz</i> 4:00 Reading and Companion Time</p>
Friday the 28th With Lee	Saturday the 29th With Gabby	Sunday the 30th With Gabby	Key
<p>9:45 Morning Gathering: First commercial movie screens in Paris 10:30 Sit &amp; Be Fit Exercises 10:45 Hydration 11:00 Sit &amp; Be Fit 11:15 Companion Time 12:00 Lunch 1:00 Music or Movie 1:00 Walks to the House for music</p> <p><b><u>Music With Pam</u></b> 1:15 House</p> <p>2:30 <i>Get Moving: Chair Bowling</i> 3:00 Spa at the House 4:00 Reading and Companion Time</p>	<p>9:45 Morning Gathering: Happy Birthday American PGA Golfer Walter Hagan 10:30 Sit &amp; Be Fit Exercises 10:45 Hydration 11:00 Sit &amp; Be Fit 11:15 Companion Time 12:00 Lunch 1:00 Music or Movie</p> <p><b><u>Popcorn Bar &amp; Movie</u></b> 2:00 @ House 3:00 @ Commons</p>  <p>3:30 <i>Get Moving: Chair Bowling</i> 4:00 Reading and Companion Time</p>	 <p>10:00 Morning Gathering: Texas officially joins the US Union 10:15 Sit &amp; Be Fit 10:30 Reading and Companion Time 11:15 Reading and Companion Time 12:00 Lunch 1:00 Music or Movie 1:15 Spa Time 2:00 Afternoon Walks 3:00 Group Activity: Games with Gabby 4:00 Movie of the Day</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House &amp; Commons ***All activities are subject to change ***</p> <p><i>Quote of the Week:</i></p> <p><i>“Christmas is a tonic for our souls. It moves us to think of others rather than of ourselves. It directs our thoughts to giving.”</i></p> <p><i>-B.C. Forbes</i></p>