### The Country House & Commons April 8th-14th

<table>
<thead>
<tr>
<th>Monday the 8th</th>
<th>Tuesday the 9th</th>
<th>Wednesday the 10th</th>
<th>Thursday the 11th</th>
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<tbody>
<tr>
<td><strong>With Lee</strong></td>
<td><strong>With Rita</strong></td>
<td><strong>With Lee</strong></td>
<td><strong>With Rita</strong></td>
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</tbody>
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| 9:45 Morning Gathering  
  Topic: Buddhists celebrate the commemoration of the birth of Gautama Buddha, the founder of Buddhism | 9:45 Morning Gathering  
  Topic: NASA introduces America’s first astronauts, selected members of ‘Project Mercury’ to the press | 9:45 Morning Gathering  
  Topic: Henry Bergh, philanthropist and diplomat, establishes the American Society for the Prevention of Cruelty to Animals (ASPCA) | 9:45 Morning Gathering  
  Topic: Percy Lavon Julian, pioneer in synthesizing medicinal drugs from plants, is born in Montgomery, Alabama |
| 10:30 Sit & Be Fit Exercises | 10:30 Sit & Be Fit Exercises  
  10:45 Hydration | 10:30 Sit & Be Fit  
  10:45 Hydration | 10:30 Sit & Be Fit Exercises |
| **Resident Council** | **Sit & Be Fit**  
  **Hand Massages and Melodies** | **Hydration**  
  **Sit & Be Fit**  
  **Spa at the Commons**  
  **Lunch** | **Get Moving: Balloon Volleyball**  
  **Spa at the Commons**  
  **Lunch**  
  **Music or Movie**  
  **Get Moving: Target Shoot** |
| **HBD Barbara W!** | **Bible Study with Lee!**  
  **Resident Council**  
  **Get Moving: Beanbag Toss**  
  **Reading and Companion Time** | 1:30 Walks to the House for flowers | **Flower Arranging!**  
  **House** |
| **Trinkets to Treasures Bazaar!**  
  **3:00 House**  
  **4:00 Reading and Companion Time** | **3:45 Hand Massages and Melodies**  
  **4:00 Reading and Companion Time** | **3:00 Group Activity: Games with Gabby**  
  **3:30 Spa at the House**  
  **4:00 Reading and Companion Time** | **3:30 Get Moving: Balloon Volleyball**  
  **4:00 Reading and Companion Time** |
| **Friday the 12th  
  With Lee** | **Saturday the 13th  
  With Gabby** | **Sunday the 14th  
  With Gabby** | **Key** |
| 9:45 Morning Gathering  
  Topic: Bill Haley and the Comets record their hit, “(We’re Gonna) Rock Around The Clock” in New York City | 9:45 Morning Gathering  
  Topic: Train robber Butch Cassidy is born in Beaver, Utah territory | 10:00 Morning Gathering  
  Topic: Country legend Loretta Lynn is born in Butcher’s Hollow, Kentucky | **HBD Marge S!**  
  **Country House**  
  **Country Commons**  
  **Special Events or Outings**  
  **Lunch**  
  **Country House & Commons**  
  ***All activities are subject to change *** |
| 10:30 Sit & Be Fit Exercises  
  10:45 Hydration | 10:00 Sit & Be Fit  
  11:15 Hand Massages and Melodies  
  12:00 Lunch  
  1:00 Music or Movie  
  1:00 Group Activity: Games with Gabby | 10:15 Spa Time  
  11:15 Reading and Companion Time  
  **Spa at the Commons**  
  **Lunch**  
  **Music or Movie**  
  **Afternoon Walks (Weather Permitting)**  
  **Group Activity: Games with Gabby** | **Popcorn Bar & Movie**  
  **2:30 @ House**  
  **3:30 @ Commons**|
| **Music With Pam**  
  **1:15 House**  
  **2:30 Get Moving: Chair Bowling**  
  **3:00 Resident Presentation**  
  **3:30 Spa at the House**  
  **4:00 Reading and Companion Time** | **2:00 Movie of the Day** | **Quote of the Week:**  
  **“The key to everything is patience. You get the chicken by hatching the egg, not by smashing it.”**  
  -Arnold H. Glasow |