

The Country House and Commons

Weekly Activity Calendar

Monday, September 29th through Sunday, October 5th 2014



Monday 29th Activities w/ Katie & Delphine	Tuesday 30th Activities w/ Delphine & Katie	Wednesday 1st Activities w/ Katie & Delphine	Thursday 2nd Activities w/ Delphine & Gabby
<p style="text-align: center;">Salon Day</p>  <p>I HEAR AND I FORGET. I SEE AND I REMEMBER. I DO AND I UNDERSTAND. -Confucius</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Confucius Says...</i> 10:45 Morning Walks 11:00 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:30 Trivia, Facts & Fun 12:00 Lunch 1:00 Movie of the Day 1:15 Spa at the House 1:45 Group Activity: <i>High Rollers</i> 2:45 Group Game: <i>Hoola Hoop Ball</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	 <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Classical Music Month</i> 10:45 Spa at the Commons 11:00 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Activity: <i>Bingo!</i> 2:45 Balloon Toss 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Vegetarian Day</i> 10:45 Morning Walks 11:00 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Wii Game: <i>Wheel of Fortune</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Companion Time 1:45 Group Game: <i>Dice Games</i> 2:15 Afternoon Walks to House for Music 2:30 Folk Music w/ <i>Michael At House</i> 2:30 Spa at House 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Walk to the CMS After Music 3:30 Get Moving: <i>Ball Toss</i> 4:00 Companion Time</p>	 <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 High School Visitors 10:30 Morning Gathering: <i>1950 Peanuts Comic Strip</i> 10:45 Spa at Commons 11:00 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:30 Reading: <i>Tips Happier, Healthier You</i> 12:00 Lunch 1:00 Movie of the Day 1:15 High School Visitors 1:15 Afternoon Walks 1:45 Group Activity: <i>Flower Arranging</i> 2:45 Flower Arranging 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Afternoon Activity: <i>Bingo!</i> 4:00 Companion Time</p>
Friday 3rd Activities w/ Katie & Gabby	Saturday 4th Activities with Gabby	Sunday 5th Activities with Katie	Key
<p>Happy Birthday Jimmy!!</p> <p style="text-align: center;"><i>Fun Friday</i></p> <p>Q: What kind of hot dogs do werewolves like best? A: Halloweeners.</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Breast Cancer Awareness</i> 10:45 Morning Walks 11:00 Sit & Be Fit: <i>Dance Party!</i> 11:30 Laugh Out Loud Jokes 12:00 Lunch 1:00 Movie of the Day 1:15 Spa at the House 1:45 Group Activity: <i>Happy Hour & Resident Counsel</i> 2:45 Happy Hour & <i>Sorting Games</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Balloon Volleyball</i> 4:00 Companion Time</p>	<p>Happy Birthday Lois!!</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>How to Be Frugal</i> 10:45 Spa at Commons 11:00 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:30 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Game: <i>Bean Bag Toss</i> 2:15 Afternoon Walks to House for Music 2:30 Songs w/ Jennifer At House 2:30 Spa at House 3:30 Afternoon RA Activity: <i>Bubbles</i> 3:30 Walk to the CMS After Music 3:30 Get Moving: <i>Hoop Ball</i> 4:00 Companion Time</p>	 <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Teacher Appreciation Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Wii Game: <i>Family Feud</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Spa at the House 1:45 Group Activity: <i>Race to the Finish!</i> 2:45 Kick Ball 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Basketball</i> 3:30 Afternoon Activity: <i>Yahtzee!</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>"There is no season when such pleasant and sunny spots may be lighted on, and produce so pleasant an effect on the feelings, as now in October." - Nathaniel Hawthorne</p>