



# The Country House and Commons



## Weekly Activity Calendar

Monday, September 22nd through Sunday, September 28th 2014

Monday 22nd Activities w/ Katie	Tuesday 23rd Activities w/ Delphine & Katie	Wednesday 24th Activities w/ Katie & Delphine	Thursday 25th Activities w/ Delphine & Gabby
<p style="text-align: center;"><b>Salon Day</b></p> <p>9:30 Morning Walks            10:15 Sit &amp; Be Fit Exercises            10:30 Morning Gathering:  <i>Women in Business</i>            10:45 Sit &amp; Be Fit:  <i>Exercise w/Noodles</i>            11:00 Montessori Connections            11:30 Get Moving:  <i>Ball Toss</i>            12:00 Lunch            1:00 Movie of the Day            1:15 Spa at the House            1:45 Group Activity:  <i>High Rollers</i>  <b>Therapy Dog Visit, Pula</b>  <b>2:00 @ House</b>  <b>2:30 @ CMS</b>            2:45 Group Game:  <i>Hoola Hoop Ball</i>            3:30 Montessori Connections</p> <p style="text-align: center;"><b>Afternoon RA Activity</b></p>	 <p>9:30 Morning Walks            10:15 Sit &amp; Be Fit Exercises            10:30 Morning Gathering:  <i>Favorite Pets</i>            10:45 Sit &amp; Be Fit:  <i>Groovin &amp; Moovin</i>            11:00 Spa at the Commons            11:30 Internet Travel:  <i>Africa</i>            12:00 Lunch            1:00 Movie of the Day            1:15 Afternoon Walks            1:45 Group Activity:  <i>Bingo!</i>            2:45 Balloon Toss &amp;            Montessori Connections            3:30 Montessori Connections</p> <p style="text-align: center;"><b>Afternoon RA Activity</b></p>	<p>9:30 Morning Walks            10:15 Sit &amp; Be Fit Exercises            10:30 Morning Gathering:  <i>National Honey Month</i>            10:45 Sit &amp; Be Fit:  <i>Yoga &amp; Meditation</i>            11:00 Montessori Connections            11:30 Wii Game:  <i>Wheel of Fortune</i>            12:00 Lunch            1:00 Movie of the Day            1:15 Montessori Connections            1:45 Group Game:  <i>Dice Games</i>            2:15 Afternoon Walks to            House for Music            2:30 Folk Music w/  <b>Michael At House</b>            2:30 Spa at House            3:30 Walk to the CMS            After Music</p> <p style="text-align: center;"><b>Afternoon RA Activity</b></p>	 <p>9:30 Morning Walks            10:15 Sit &amp; Be Fit Exercises            10:30 High School Visitors            10:30 Morning Gathering:  <i>Comic Books</i>            10:45 Sit &amp; Be Fit:  <i>Exercise w/Noodles</i>            11:00 Spa at Commons            11:30 Get Moving:  <i>Hoop Ball</i>            12:00 Lunch            1:00 Movie of the Day            1:15 High School Visitors            1:15 Afternoon Walks            1:45 Group Activity:  <i>Flower Arranging</i>            2:45 Flower Arranging &amp;            Montessori Connections            3:30 Montessori Connections</p> <p style="text-align: center;"><b>Afternoon RA Activity</b></p>
Friday 26th Activities w/ Katie & Delphine	Saturday 27th Activities with Katie	Sunday 28th Activities with Katie	Key
<p style="text-align: center;"><b>Fun Friday</b></p> <p><b>Q: What is a tree's least favorite month?</b></p> <p><b>A: Sep-timber!</b></p> <p>9:30 Morning Walks            10:15 Sit &amp; Be Fit Exercises            10:30 Morning Gathering:  <i>Johnny Appleseed Day</i>            10:45 Sit &amp; Be Fit:  <i>Dance Party!</i>            11:00 Montessori Connections            11:30 Laugh Out Loud Jokes            12:00 Lunch            1:00 Movie of the Day            1:15 Spa at the House            1:45 Group Activity:  <i>Happy Hour &amp; High Rollers</i>            2:45 Happy Hour &amp;  <i>Sorting Games</i>            3:30 Montessori Connections</p> <p style="text-align: center;"><b>Afternoon RA Activity</b></p>	 <p>9:30 Morning Walks            10:15 Sit &amp; Be Fit Exercises            10:30 Morning Gathering:  <i>Goal Setting</i>            10:45 Sit &amp; Be Fit:  <i>Exercise w/Noodles</i>            11:00 Spa at Commons            11:30 Reading:  <i>Healthier, Happier You Tips</i>            12:00 Lunch            1:00 Movie of the Day            1:15 Afternoon Walks            1:45 Group Game:  <i>Bean Bag Toss</i>            2:15 Afternoon Walks to            House for Music            2:30 Songs w/ Jennifer  <b>At House</b>            2:30 Spa at House            3:30 Walk to the CMS            After Music</p> <p style="text-align: center;"><b>Afternoon RA Activity</b></p>	 <p>9:30 Morning Walks            10:15 Sit &amp; Be Fit Exercises            10:30 Morning Gathering:  <i>1901 Ed Sullivan's Birthday</i>            10:45 Morning Walks            11:15 Sit &amp; Be Fit:  <i>Groovin &amp; Moovin</i>            11:30 Wii Game:  <i>Family Feud</i>            12:00 Lunch            1:00 Movie of the Day            1:15 Spa at the House            1:45 Group Activity:  <i>Race to the Finish!</i>            2:45 Kick Ball &amp;            Montessori Connections            3:30 Montessori Connections</p> <p style="text-align: center;"><b>Afternoon RA Activity</b></p>	<p>Country House            Country Commons  <b>Special Events or Outings</b>            Lunch            Country House &amp; Commons            Both Houses meeting in the            Country House Living Room</p> <p><b>Quote of the Week:</b></p> <p><b>"By all these lovely tokens            September days are here,            With summer's best of weather            And autumn's best of cheer."</b>            Helen Hunt Jackson,  <i>September, 1830-1885</i></p>