

# The Country House and Commons

## Weekly Activity Calendar

Monday, September 21st through Sunday, September 27th 2015



Monday 21st Activities w/ Katie	Tuesday 22nd Activities w/ Katie	Wednesday 23rd Activities w/ Katie	Thursday 24th Activities w/ Bre
<p><b>Salon Day</b></p> <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>International Peace Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House</p> <p><b>Humane Society Dog Visits</b> 1:30 @ House 2:15 @ Commons</p> <p>3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p> 	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Business Women Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>Dominoes</i> 2:45 Group Activity: <i>Farm Sensory Bin</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Balloon Volleyball</i> 4:00 Companion Time</p> 	<p>9:30 Morning Walks 10:00 Group Game: <i>Kings In The Corner</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Sit &amp; Be Fit Exercises 1:15 Morning Gathering: Pets! 1:30 Companion Time 2:00 Group Game: <i>Colored Dominoes</i> 2:15 Afternoon Walks to House for Music 2:30 Songs w/ Dorothy At House 2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:30 Group Activity: <i>Race to the Finish</i> 4:00 Companion Time</p> 	<p><b>RESIDENT LUNCH OUTING Load @ 10:30 AM</b></p> <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>National Honey Month</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Dance Party!!</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p><b>Flower Arranging!</b> 1:45 @ House 2:45 @ Commons</p> <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>UNO</i> 4:00 Companion Time</p>
Friday 25th Activities w/ Bre	Saturday 26th Activities w/ Bre	Sunday 27th Activities w/ Bre	Key
<p><b>Fun Friday</b></p> <p><b>Q: What did one autumn leaf say to another?</b> <b>A: I'm falling for you.</b></p> <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Comic Books</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Dance Party!!!</i> 11:30 Sing- A- Long 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Bingo!</i> 2:45 Group Game: <i>Bulls Eye!</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Ball Toss</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:00 Table Game: <i>Trash Card Game</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Yoga &amp; Meditation</i> 11:30 Guess that Location 12:00 Lunch 1:00 Movie of the Day 1:00 Sit &amp; Be Fit Exercises 1:15 Morning Gathering: <i>Johnny Appleseed Day</i> 1:30 Companion Time 2:00 Group Activity: <i>Matching Card Game</i> 2:15 Afternoon Walks to House for Music</p> <p><b>2:30 Folk Music w/ Michael At House</b></p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 3:45 Companion Time 4:15 Group Game: <i>Farm Sensory Bin</i></p>	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Goal Setting</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>High Rollers</i> 2:45 Group Activity: Sensory Matching Game 3:15 Companion Time 3:30 Afternoon RA Activity <i>Basketball</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p> 	<p>Country House Country Commons Special Events or Outings Lunch Country House &amp; Commons Both Houses meeting in the Country House Living Room</p> <p><b>Quote of the Week:</b></p> <p><b>"By all these lovely tokens September days are here, With summer's best of weather And autumn's best of cheer."</b></p> <p>Helen Hunt Jackson, <i>September</i>, 1830-1885</p>