



The Country House and Commons

Weekly Activity Calendar Monday September 8th through September 14th 2014



Monday 8th Activities w/ Katie & Delphine	Tuesday 9th Activities w/ Delphine & Katie	Wednesday 10th Activities w/ Katie & Delphine	Thursday 11th Activities w/ Delphine & Gabby
<p style="text-align: center;">Salon Day</p> <p>9:30 Sit & Be Fit: <i>Exercise w/Noodles</i></p> <p style="text-align: center;">Resident Lunch Outing 10:30 am</p> <p>1:00 Movie of the Day 1:15 Montessori Connections 1:45 Afternoon Walks & <i>Bean Bag Toss</i> Therapy Dog Visit, Pula 2:00 @ House 2:30 @ Commons 2:45 Group Activity: <i>Bingo!</i> 3:30 Spa at House</p> <p>Afternoon RA Activity Picture Matching</p>	 <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1956 Elvis on Ed Sullivan Show</i> 10:45 Sit & Be Fit: <i>Groovin & Moovin</i> 11:00 Spa at the Commons 11:30 Reading: <i>Chicken Soup for the Soul</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Activity: <i>High Rollers</i> 2:45 Balloon Toss & Montessori Connections 3:30 Montessori Connections</p> <p>Afternoon RA Activity Bean Bag Toss</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1846 Sewing Machine Patented</i> 10:45 Sit & Be Fit: <i>Yoga & Meditation</i> 11:00 Montessori Connections 11:30 Wii Game: <i>Wheel of Fortune</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Montessori Connections 1:45 Spa at Commons 2:15 Afternoon Walks to House for Music 2:30 Folk Music w/ Michael At House 2:30 Spa at House 3:30 Walk to the CMS After Music</p> <p>Afternoon RA Activity Bowling</p>	 <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>911 Remembrance</i> 10:45 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:00 Spa at Commons 11:30 Trivia, Facts & Fun 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Activity: <i>Flower Arranging</i> 2:45 Flower Arranging & Montessori Connections 3:30 Montessori Connections</p> <p>Afternoon RA Activity Picture Matching</p>
Friday 12th Activities w/ Katie & Gabby	Saturday 13th Activities with Gabby	Sunday 14th Activities with Katie	Key
<p style="text-align: center;">Fun Friday</p> <p style="text-align: center;">Happy Birthday Lyn!!!</p> <p>Q: What did the tree say to autumn?</p> <p style="text-align: center;">A: leaf me alone!</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Chocolate Milkshake Day!</i> 10:45 Sit & Be Fit: <i>Dance Party!</i> 11:00 Montessori Connections 11:30 Laugh Out Loud Jokes 12:00 Lunch 1:00 Movie of the Day 1:15 Spa at the House</p> <p>Mini Bunnies & Pigs Visit 1:30 @ House 2:30 @ Commons</p> <p>3:30 Montessori Connections</p> <p>Afternoon RA Activity Bean Bag Toss</p>	 <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Sept. Flower, Morning Glory</i> 10:45 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:00 Spa at Commons 11:30 Internet Travel: <i>Off to Italy!</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Afternoon Baking: <i>Rice Crispy Treats!</i> 2:45 Kick Ball & Montessori Connections 3:30 Montessori Connections</p> <p>Afternoon RA Activity Picture Matching</p>	 <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1814 Star Spangle Banner</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Wii Game: <i>Deal Or No Deal</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks to House for Music 1:30 Accordion Music w/ Kathleen @ At House 1:30 Spa at House 2:30 Walk to the CMS After Music 3:30 Montessori Connections</p> <p>Afternoon RA Activity Picture Matching</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>'Tis the last rose of summer, left blooming alone; All her lovely companions are faded and gone."</p> <p>- Thomas Moore, 1830 <i>The Last Rose of Summer,</i></p>