



The Country House and Commons



Weekly Activity Calendar
Monday September 1st through Sunday, September 7th 2014

Monday 1st Activities w/ Delphine	Tuesday 2nd Activities w/ Delphine & Katie	Wednesday 3rd Activities w/ Katie & Delphine	Thursday 4th Activities w/ Delphine & Gabby
<p>Salon Day</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Happy Labor Day!!!</i> 10:45 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:00 Montessori Connections 11:30 Internet Travel: <i>San Diego Hot Spots</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Spa at the House 1:45 Group Activity: <i>Bingo!</i> Therapy Dog Visit, Pula 2:00 @ House 2:30 @ CMS 2:45 Group Game: <i>Bean Bag Toss</i> 3:30 Montessori Connections</p> <p>Afternoon RA Activity Picture Matching</p>	 <p>WE WANT YOU!</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Superstitions</i> 10:45 Sit & Be Fit: <i>Groovin & Moovin</i> 11:00 Spa at the Commons 11:30 Reading: <i>Chicken Soup for the Soul</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Activity: <i>High Rollers</i> 2:45 Balloon Toss & Montessori Connections 3:30 Montessori Connections</p> <p>Afternoon RA Activity Bean Bag Toss</p>	 <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1813 Uncle Sam Image</i> 10:45 Sit & Be Fit: <i>Yoga & Meditation</i> 11:00 Montessori Connections 11:30 Wii Game: <i>Wheel of Fortune</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Montessori Connections 1:45 Spa at Commons 2:15 Afternoon Walks to House for Music 2:30 Folk Music w/ Michael At House 2:30 Spa at House 3:30 Walk to the CMS After Music</p> <p>Afternoon RA Activity Bowling</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1833 1st Newspaper Carrier</i> 10:45 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:00 Spa at Commons 11:30 Trivia, Facts & Fun: <i>September Fun Facts</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Activity: <i>Flower Arranging</i> 2:45 Flower Arranging & Montessori Connections 3:30 Montessori Connections</p> <p>Afternoon RA Activity Picture Matching</p>
Friday 5th Activities w/ Katie & Gabby	Saturday 6th Activities with Gabby	Sunday 7th Activities with Katie	Key
<p>Fun Friday</p> <p>Happy Birthday Gordon!</p> <p>Q: Why did summer catch autumn? A: Because autumn is fall!</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Romantic Date Nights</i> 10:45 Sit & Be Fit: <i>Dance Party!</i> 11:00 Montessori Connections 11:30 Laugh Out Loud Jokes 12:00 Lunch 1:00 Movie of the Day 1:15 Spa at the House 1:45 Tea Tasting & <i>Ladder Lingo</i> 2:45 Afternoon Walks & Tea Tasting 3:30 Montessori Connections</p> <p>Afternoon RA Activity Bean Bag Toss</p>	 <p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>National Coupon Month</i> 10:00 Sit & Be Fit: <i>Exercise w/Noodles</i> 10:15 Afternoon Walks to House for Music 10:30 Songs w/ Jennifer at the House 10:30 Spa at House 11:30 Walk to the CMS After Music 12:00 Lunch 1:00 Movie of the Day 1:15 Spa at Commons 1:45 Group Activity: <i>Golf Putting</i> 2:45 Kick Ball & Montessori Connections 3:30 Montessori Connections</p> <p>Afternoon RA Activity Bowling</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Grandparents Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Wii Game: <i>Deal Or No Deal</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Spa at the House 1:45 Group Activity: <i>Trash Card Game</i> 2:45 Color Game & Montessori Connections 3:30 Montessori Connections</p> <p>Afternoon RA Activity Picture Matching</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>"But now in September the garden has cooled, and with it my possessiveness. The sun warms my back instead of beating on my head ... The harvest has dwindled, and I have grown apart from the intense midsummer relationship that brought it on." - Robert Finch</p>