

The Country House and Commons

Weekly Activity Calendar
Monday, September 19th through Sunday, September 25th 2016



Monday 19th Activities w/ Katie	Tuesday 20th Activities w/ Parvaneh	Wednesday 21st Activities w/ Parvaneh	Thursday 22nd Activities w/ Katie
<p>Salon Day</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>POW/MIA recognition</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House</p> <p>Butte Humane Visits! 1:45@ House 2:15 @ Commons</p> <p>3:30 Afternoon RA Activity: <i>Matching Card Game</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p> 	 <p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Oktoberfest</i> 10:00 Spa at the House 10:30 Get Moving: <i>Conversation Ball</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Group Game: <i>Shake Loose a Memory</i> 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p>2:30 Accordion music at the House w/ Kathleen</p> <p>3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Group Activity: <i>Teddy Bear BINGO!</i> 4:15 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>International Peace Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Guess the Place 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p>Baking with Mel! 1:45 @ Commons 2:15@ House</p>  <p>3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Balloon Toss</i> 4:00 Companion Time</p>	<p>RESIDENT LUNCH OUTING Load @ 10:45 AM</p> <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>First Day of Fall</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p>Flower Arranging! 1:45@ House 2:45 @ Commons</p> <p>3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Activity: <i>Bean Bag Toss</i> 4:00 Companion Time</p>

Friday 23rd Activities w/ Parvaneh	Saturday 24th Activities w/ Parvaneh	Sunday 25th Activities w/ Carol	Key
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<p>Fun Friday Q: What did one autumn leaf say to another? A: I'm falling for you.</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Pets Discussion Topic</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Canvas Painting</i> 2:45 Group Activity: <i>Tea Time</i> 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Balloon Volleyball</i> 4:00 Companion Time</p> 	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>National Honey Month</i></p>  <p>10:45 Spa at the House 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p>2:30 Folk Music w/ Michael At House</p> <p>3:30 Afternoon RA Activity: <i>Basketball</i> 3:30 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Comic Books</i> 10:00 Group Game: <i>Dominoes</i> 10:45 Spa at the Commons 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Balloon Tennis</i> 2:15 Afternoon Walks to Commons for Music</p> <p>2:30 Piano at the Commons w/ Chris</p> <p>3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: <i>Balloon Bat</i> 4:15 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>"By all these lovely Tokens September days are here, With summer's best of weather And autumn's best of cheer."</p> <p>Helen Hunt Jackson, <i>September,</i> 1830-1885</p>
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