

The Country House and Commons

Weekly Activity Calendar
Monday, October 5th through Sunday, October 11th 2015



Monday 5th Activities w/ Bre	Tuesday 6th Activities w/ Katie	Wednesday 7th Activities w/ Katie	Thursday 8th Activities w/ Katie
<p>Salon Day 9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Cookie Month</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Dominoes</i> 2:45 Group Activity: <i>Matching Card Game</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Balloon Toss</i> 4:00 Companion Time</p> 	 <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering <i>1st Motion Picture 1889</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>Finish the Phrase</i> 2:45 Group Activity: <i>Sensory Matching Game</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:00 Group Game: <i>Yahtzee</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Sit & Be Fit Exercises 1:15 Morning Gathering: <i>Birthstone: Opal</i> 1:30 Companion Time 2:00 Group Game: <i>Bulls Eye!</i> 2:15 Afternoon Walks to House for Music 2:30 Songs w/ Dorothy At House 2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:30 Group Activity: <i>Halloween Sensory Bin</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Breast Cancer Awareness</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons Flower Arranging! 1:45 @ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>Bingo!</i> 4:00 Companion Time</p> 
Friday 9th Activities w/ Katie	Saturday 10th Activities w/ Bre	Sunday 11th Activities w/ Bre	Key
<p>Fun Friday Q. What did the papa ghost say to the baby ghost? A. Fasten your sheet belt.</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>John Lenon Birthday</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing- A- Long 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House Therapy Bunnies!! 1:30 @ House 2:30 @ Commons 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Ball Toss</i> 4:00 Companion Time</p> 	<p>2015 Walk to End Alzheimer's Load Bus 8:15am</p> <p>9:30 Morning Walks 10:00 Table Game: <i>Trash Card Game</i> 10:45 Morning Walks 1:00 Movie of the Day 1:00 Sit & Be Fit Exercises 1:15 Morning Gathering: <i>National Angel food Cake Day</i> 1:30 Companion Time 2:00 Group Activity: <i>Race to the Finish</i> 2:15 Afternoon Walks to House for Music 2:30 Folk Music w/ Michael At House 2:30 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 3:45 Companion Time 4:15 Group Game: <i>Colored Dominoes</i></p>	 <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1st U.S Woman in Space</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>Kings In The Corner</i> 2:45 Group Activity: <i>Puzzle</i> 3:15 Companion Time 3:30 Afternoon RA Activity <i>Basketball</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week: "The sweet calm sunshine of October, now Warms the low spot; upon its grassy mold The purple oak-leaf falls; the birchen bough drops its bright spoil like arrow-heads of gold." - William Cullen Bryant</p>