

Monday 3rd Activities w/ Katie	Tuesday 4th Activities w/ Parvaneh	Wednesday 5th Activities w/ Parvaneh	Thursday 6th Activities w/ Katie
<p>Salon Day</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Chubby Checker Day</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Apples to Apples</i> 2:45 Group Activity: <i>Tea Time</i> 3:30 Afternoon RA Activity: <i>Matching Card Game</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p> 	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>National Cookie Month</i></p>  <p>10:00 Spa at the House 10:30 Get Moving: <i>Conversation Ball</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Dominoes</i> 2:45 Group Activity: <i>Basketball</i> 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Balloon Tennis</i> 4:00 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: National Teacher's Day 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Guess the Place 12:00 Lunch 1:00 Movie of the Day 1:00 Group Game: <i>Shake Loose a Memory</i> 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p>2:30 Songs at the House w/ Dorothy</p> <p>3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Group Activity: <i>Teddy Bear BINGO!</i> 4:15 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1st Motion Picture 1889</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p>Flower Arranging! 1:45 @ House 2:45 @ Commons</p>  <p>3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Activity: <i>Bean Bag Toss</i> 4:00 Companion Time</p>
Friday 7th Activities w/ Parvaneh	Saturday 8th Activities w/ Parvaneh	Sunday 9th Activities w/ Carol	Key
<p>Fun Friday</p> <p>Q. What did the papa ghost say to the baby ghost? A. Fasten your sheet belt.</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>World smile day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Activity: <i>Bulls Eye!</i> 2:45 Group Game: <i>Book Club</i> 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Balloon Volleyball</i> 4:00 Companion Time</p> 	<p>2016 Walk to End Alzheimer's</p> <p>Load Bus 8:30am</p> <p>12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p>2:30 Folk Music w/ Michael At House</p> <p>3:30 Afternoon RA Activity: <i>Basketball</i></p> 	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>HBD John Lennon</i> 10:00 Group Game: <i>High Rollers</i> 10:45 Spa at the Commons 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Balloon Tennis</i> 2:15 Afternoon Walks to Commons for Music 2:30 Piano at the Commons w/ Chris 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: <i>Balloon Bat</i> 4:15 Companion Time</p> <p>"It's weird not to be weird." - John Lennon</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week: "The sweet calm sunshine of October, now Warms the low spot; upon its grassy mold The purple oak-leaf falls; the birchen bough drops its bright spoil like arrow-heads of gold." - William Cullen Bryant</p>