



The Country House and Commons



Weekly Activity Calendar

Monday, October 31st through Sunday, November 6th 2016

Monday 31st Activities w/ Katie	Tuesday 1st Activities w/ Parvaneh	Wednesday 2nd Activities w/ Parvaneh	Thursday 3rd Activities w/ Katie
<p>Salon Day</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Legend of Sleepy Hollow</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing- A- Long 12:00 Lunch 1:00 Movie of the Day</p> <p>Halloween Party! 1:30 @ House 2:15 @ Commons</p> <p>2:45 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Balloon Toss</i></p> 	<p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>All Saint's Day</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Apples to Apples</i> 2:45 Group Activity: <i>St. Patty's Montessori Puzzle</i> 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Balloon Tennis</i></p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Deviled Egg Day</i> 10:00 Spa at the Commons 10:45 Sit & Be Fit: <i>Yoga & Meditation</i> 11:00 Get Moving: <i>Conversation Ball</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Group Game: <i>Shake Loose a Memory</i> 1:45 Spa at the House 2:15 Afternoon Walks to House for Music</p> <p>2:30 Songs at the House w/ Judy</p> <p>3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Group Activity: <i>Teddy Bear BINGO!</i></p>	<p>Happy Birthday George!!</p> <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Sandwich Day</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Dance Party!</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p>Flower Arranging! 1:45 @ House 2:45 @ Commons</p>  <p>3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Activity: <i>Sensory Matching Game</i></p>
Friday 4th Activities w/ Katie	Saturday 5th Activities w/ Parvaneh	Sunday 6th Activities w/ Carol	Key
<p>Fun Friday</p> <p>Q. How do you picture yourself flying on a broom? A. By witchful thinking!</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>King Tut Day</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Cookie Decorating</i> 2:45 Group Game: <i>Cookie Decorating</i> 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Halloween Bowling</i></p>	<p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Aviation Month</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Apples to Apples</i> 2:45 Group Activity: <i>St. Patty's Montessori Puzzle</i> 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Balloon Tennis</i></p> 	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Abe Lincoln Elected 1860</i></p>  <p>10:45 Companion Time 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>High Rollers</i> 2:45 Group Game: <i>Nuts and Bolts</i> 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Balloon Volleyball</i></p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>There is a child in every one of us who is still a trick-or-treater looking for a brightly-lit front porch.</p> <p>~Robert Brault</p>