



The Country House and Commons

Weekly Activity Calendar

Monday, October 26th through Sunday, November 1st 2015



Monday 26th Activities w/ Katie	Tuesday 27th Activities w/ Katie	Wednesday 28th Activities w/ Katie	Thursday 29th Activities w/ Carol & Katie
<p>Salon Day</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Erie Canal Opens 1825</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Book Club</i> 2:25 Group Game: <i>Halloween Sensory Bin</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p> 	 <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Navy Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>High Rollers</i> 2:45 Group Game: <i>Sensory Matching Game</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:00 Group Game: <i>UNO</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Sit & Be Fit Exercises 1:15 Morning Gathering: <i>Gateway Arch Completed</i> 1:30 Companion Time 2:00 Group Game: <i>Halloween Puzzle</i> 2:15 Afternoon Walks to House for Music</p> <p>2:30 Songs w/ Dorothy At House</p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:30 Group Activity: <i>Roll a Pumpkin</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Black Tuesday</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p>Cookie Decorating! 1:45 @ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>Halloween BINGO!</i> 4:00 Companion Time</p>
Friday 30th Activities w/ Bre	Saturday 31st Activities w/ Carol & Bre	Sunday 1st Activities w/ Bre	Key
<p>Fun Friday Q. How do you picture yourself flying on a broom? A. By witchful thinking!</p> <p>9:30 Morning Walks <i>Trick or Treating with Chico Preschoolers @ 10 & 11 AM</i> 1:00 Movie of the Day 1:00 Sit & Be Fit Exercises 1:15 Morning Gathering: <i>National Candy Corn Day</i> 1:30 Companion Time 2:00 Group Activity: <i>Halloween Sensory Bin</i> 2:15 Afternoon Walks to House for Music</p> <p>2:30 Accordion music w/ Kathleen At House</p> <p>2:30 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 3:45 Companion Time 4:15 Group Game: <i>Halloween Puzzle</i></p> 	 <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Legend of Sleepy Hollow</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing- A- Long 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House</p> <p>Halloween Party! 1:45 @ House 2:45 @ Commons</p> <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Balloon Toss</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>All Saint's Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>Shake Loose a Memory</i> 2:45 Group Activity: <i>Colored Dominoes</i> 3:15 Companion Time 3:30 Afternoon RA Activity <i>Basketball</i> 3:30 Get Moving: <i>Ball Toss</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>There is a child in every one of us who is still a trick-or-treater looking for a brightly-lit front porch.</p> <p>~Robert Brault</p>