



# The Country House and Commons



## Weekly Activity Calendar Monday, October 20th through Sunday, October 26th 2014

Monday 20th Activities w/ Katie & Devyn	Tuesday 21st Activities w/ Devyn & Katie	Wednesday 22nd Activities w/ Katie & Devyn	Thursday 23rd Activities w/ Devyn & Gabby
<p style="text-align: center;"><b>Salon Day</b></p> <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>All About Dracula</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/Noodles</i> 11:30 Trivia, Facts &amp; Fun 12:00 Lunch 1:00 Movie of the Day 1:15 Spa at the House 1:45 Group Activity: <i>High Rollers!</i> 2:45 Group Game: <i>Hoola Hoop Ball</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Ball Toss</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Pumpkin Carving</i> 10:45 Spa at the Commons 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks</p> <p style="text-align: center;"><b>Fall Leaves Chico Bus Tour 2:00pm</b></p>  <p>3:30 Afternoon RA Activity: <i>Kick Ball</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>National Nut Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Yoga &amp; Meditation</i> 11:30 Wii Game: <i>Wheel of Fortune</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Companion Time 1:45 Group Game: <i>Bulls Eye!</i> 2:15 Afternoon Walks to House for Music 2:30 Folk Music w/ <b>Michael At House</b> 2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Walk to the CMS After Music 3:30 Get Moving: <i>Balloon Volleyball</i> 4:00 Companion Time</p>	 <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>TV Talk Show Hosts</i> 10:45 Spa at Commons 11:15 Sit &amp; Be Fit: <i>Exercise w/Noodles</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Activity: <i>Flower Arranging</i> 2:45 Group Activity: <i>Flower Arranging</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Afternoon Activity: <i>Yahtzee!</i> 4:00 Companion Time</p>
Friday 24th Activities with Gabby	Saturday 25th Activities with Gabby	Sunday 26th Activities with Katie	Key
<p style="text-align: center;"><b>Fun Friday</b></p> <p><b>Q: Why wasn't the vampire working?</b></p> <p><b>A: He was on his coffin break.</b></p> <p>9:30 Morning Gathering: <i>United Nations Day</i> 10:30 Walks to Fall Festival 10:45 Walks to Fall Festival</p> <p style="text-align: center;"><b>Mini Fall Festival 11am-1pm</b></p>  <p>1:00 Movie of the Day 1:15 Spa at the House 1:45 Happy Hour on Porch! 2:45 Happy Hour &amp; Dice Games 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Hoop Ball</i> 4:00 Companion Time</p>	<p style="text-align: center;"><b>World Pasta Day</b></p>  <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>World Pasta Day</i> 10:45 Spa at Commons 11:15 Sit &amp; Be Fit: <i>Exercise w/Noodles</i> 11:30 Reading: <i>Chicken Soup for the Soul</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Companion Time 1:45 Group Game: <i>Dice Games</i> 2:15 Afternoon Walks to House for Music 2:30 Folk Music w/ <b>Michael At House</b> 2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Parachute Fun</i> 3:30 Walk to the CMS After Music 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	<p style="text-align: center;"><b>Happy Birthday Marge!!</b></p>  <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1925 Eire Canal Opens</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Wii Game: <i>Family Feud</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Spa at the House 1:45 Group Activity: <i>High Rollers</i> 2:45 Group Game: <i>Tunnel Ball</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Basketball</i> 3:30 Get Moving: <i>Baseball</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House &amp; Commons Both Houses meeting in the Country House Living Room</p> <p style="text-align: center;"><b>Quote of the Week:</b></p> <p>"The sweet calm sunshine of October, now Warms the low spot; upon its grassy mold The purple oak-leaf falls; the birchen bough Drops its bright spoil like arrow-heads of gold."</p> <p>- William Cullen Bryant</p>