

# The Country House and Commons

Weekly Activity Calendar  
Monday, October 17th through Sunday, October 23rd 2016



Monday 17th Activities w/ Katie	Tuesday 18th Activities w/ Parvaneh	Wednesday 19th Activities w/ Parvaneh	Thursday 20th Activities w/ Katie
<p><b>Salon Day</b></p> <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Rita Hayworth Birthday</i> 10:45 Companion Time 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House</p> <p><b>Butte Humane Visits!</b> 1:30@ House 2:15 @ Commons</p>  <p>3:30 Afternoon RA Activity: <i>Matching Card Game</i> 3:30 Get Moving: <i>Mini Golf</i></p>	<p>9:30 Sit &amp; Be Fit Exercises 9:45 Morning Gathering: <i>October Flower: Marigold</i> 10:00 Spa at the House 10:30 Get Moving: <i>Conversation Ball</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Yoga &amp; Meditation</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Group Game: <i>Shake Loose a Memory</i> 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p>2:30 Accordion music at the House w/ Kathleen</p> <p>3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Group Activity: <i>Teddy Bear BINGO!</i></p>	<p>9:30 Spa at the Commons 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: End of Revolutionary War 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Guess the Place 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p><b>Baking with Mell!</b> 1:45 @ Commons 2:15@ House</p>  <p>3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Balloon Tennis</i></p>	<p>9:30 Spa at the Commons 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>HBD Mickey Mouse</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Dance Party!</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p><b>Flower Arranging!</b> 1:45@ House 2:45 @ Commons</p>  <p>3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Activity: <i>Bean Bag Toss</i></p>
Friday 21st Activities w/ Katie	Saturday 22nd Activities w/ Parvaneh	Sunday 23rd Activities w/ Carol	Key
<p><b>Fun Friday</b></p> <p><b>Q: Why wasn't the vampire working?</b> <b>A: He was on his coffin break.</b></p> <p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Pumpkin Cheesecake Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p><b>Happy Hour!</b> 1:45 @ Commons 2:15@ House</p> <p>3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Balloon Volleyball</i></p>	 <p>9:30 Sit &amp; Be Fit Exercises 9:45 Morning Gathering: <i>National Nut Day</i> 10:00 Group Game: <i>High Rollers</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p>2:30 Folk Music at the House w/ Michael</p> <p>3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Group Activity: <i>Teddy Bear BINGO!</i></p>	<p>9:30 Sit &amp; Be Fit Exercises 9:45 Morning Gathering: <i>1915 Women March for the Right to Vote</i> 10:00 Group Game: <i>High Rollers</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:30 Companion Time 2:00 Get Moving: <i>Balloon Tennis</i> 2:15 Afternoon Walks to Commons for Music</p> <p>2:30 Piano at the Commons w/ Chris</p> <p>3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: <i>Balloon Bat</i></p>	<p><b>Country House Country Commons Special Events or Outings Lunch Country House &amp; Commons Both Houses meeting in the Country House Living Room</b></p> <p><b>Quote of the Week:</b></p> <p>“The sweet calm sunshine of October, now Warms the low spot; upon its grassy mold The purple oak-leaf falls; the birchen bough Drops its bright spoil like arrow-heads of gold.”</p> <p>- William Cullen Bryant</p>