

The Country House and Commons

Weekly Activity Calendar
Monday, November 9th through Sunday, November 15th 2015



Monday 9th Activities w/ Katie	Tuesday 10th Activities w/ Katie	Wednesday 11th Activities w/ Katie	Thursday 12th Activities w/ Carol
<p>Salon Day</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Giant Pandas Discovered</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>Shake Loose a Memory</i> 2:45 Group Activity: <i>Race to the Finish</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Balloon Toss</i> 4:00 Companion Time</p> 	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering <i>USMC Day</i></p>  <p>10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p>Staff Meeting 1:30pm</p> <p>3:30 Afternoon RA Activity: <i>Bean Bag Toss</i></p>	<p>9:30 Morning Walks to House for Visitors 10:00 Coffee and Dough- nuts with Army Visitors 10:45 Morning Gathering: <i>Veteran's Day</i> 11:15 Morning Walks 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Bean Bag Toss</i> 2:15 Afternoon Walks to House for Music</p> <p>2:30 Songs w/ Dorothy At House</p> <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: <i>Fall Montessori Puzzle</i> 4:15 Companion Time</p> 	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Elizabeth Cady Stanton</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p>Flower Arranging! 1:45 @ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>Farkle</i> 4:00 Companion Time</p>
Friday 13th Activities w/ Bre	Saturday 14th Activities w/ Bre	Sunday 15th Activities w/ Carol	Key
<p>Fun Friday Q. When does Christ- mas come before Thanksgiving? A. In the dictionary!</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Draft Age Lowered</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing- A- Long 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks Therapy Bunnies!! 1:30 @ House 2:30 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	<p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1st Street Car 1832</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>High Rollers</i> 2:45 Group Activity: <i>Sensory Matching Game</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p> 	 <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Guinness World Record Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>Book Club</i> 2:45 Group Activity: <i>Fall Sensory Bin</i> 3:15 Companion Time 3:30 Afternoon RA Activity <i>Basketball</i> 3:30 Get Moving: <i>Balloon Tennis</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>"So dull and dark are the November days. The lazy mist high up the evening curled, And now the morn quite hides in smoke and haze; The place we occupy seems all the world." - John Clare, <i>November</i></p>