



The Country House and Commons

Monday, November 6th through Sunday, November 12th 2017



Monday 6th Activities w/ Lee	Tuesday 7th Activities w/ Dana	Wednesday 8th Activities w/ Lee	Thursday 9th Activities w/ Dana
<p>9:45 Spa at the House 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Morning Gathering: <i>Abe Lincoln Elected President in 1860.</i> 11:30 Sit & Be Fit: <i>Sit & Be Fit</i> 11:45 Sensory Matching Game</p> <p>12:00 Lunch</p> <p>1:00 Music Time 3:30 Afternoon RA Activity: <i>Flower Match</i></p> <p>3:30 Group Game: <i>Yahtzee</i> 4:00 Companion Time 4:30 Companion Time with Dana</p>	<p>10:00 Sit & Be Fit Exercises 10:15 Hydration 10:30 Morning Gathering: <i>Cartoonist makes the republican party elephant for the first time 1874</i> 11:00 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Reminiscence Reading 12:00 Lunch 1:00 Music Time <u>Country Village Trinkets to Treasures Bazaar!</u> 1:45 2:45 Group Game: <i>Balloon Toss</i> 3:30 Afternoon RA Activity: <i>Nuts and Bolts</i> 3:30 Paper Poppies 4:00 Companion Time 4:30 Companion Time with Dana</p> 	<p>9:45 Spa at the House 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Morning Gathering: <i>National Radiologic Technology Week</i> 11:30 Sit & Be Fit: <i>Sit & Be Fit</i> 11:45 <i>Thankful Tree</i></p> <p>12:00 Lunch</p> <p>1:00 Thankful Tree 2:30 Companion Time 3:30 Afternoon RA Activity: <i>Jumbo Checkers</i></p> <p>3:45 Get Moving: <i>Balloon Tennis</i> 4:00 Companion Time with Dana</p>	<p>10:00 Sit & Be Fit Exercises 10:15 Hydration 10:30 Morning Gathering: <i>Giants Pandas discovered in China 1927</i> 11:00 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Nuts and Bolts 12:00 Lunch 1:00 Music Time <u>Flower Arranging!</u> 1:45@ House 3:30 Afternoon RA Activity: <i>Reminiscence Reading</i> <u>Joyful Hosannas</u> 3:30 4:00 Companion Time 4:30 Companion Time with Dana</p> 

Friday 10th Activities w/ Lee	Saturday 11th Activities w/ Lauren	Sunday 12th Activities w/ Lauren	Key
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<p style="color: #e67e22;"><i>Fun Friday</i></p> <p>Q. When does Christmas come before Thanksgiving? A. In the dictionary!</p> <p>9:45 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Hydration 10:45 Morning Gathering: <i>Marine Corps Day</i> 11:30 Sit & Be Fit: <i>Noodle exercises</i> 12:00 Lunch 1:00 Music Time <u>Happy Hour!</u> 1:45 @ Commons 2:15@ House 3:30 Afternoon RA Activity: <i>This or That Ball</i> 3:30 Potpourri 4:00 Companion Time 4:30 Companion Time with Dana</p>	<p style="color: #2980b9;">Veterans Day</p> <p>9:45 Spa at the House 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Morning Gathering: <i>Veterans Day</i> 11:30 Sit & Be Fit: <i>Dance Party!!!</i> 11:45 Hydration 12:00 Lunch 1:00 Movie of the Day 1:00 Yahtzee 1:45 Group Game: <i>Table Topics</i> 2:45 Group Game: <i>Bull's Eye</i> 3:30 Afternoon RA Activity: <i>Balloon Toss</i> 3:30 Get Moving: <i>Hula Hoop Ball</i> 4:00 Companion Time</p>	<p>9:45 Companion Time 10:30 Sit & Be Fit Exercises 10:45 Hydration 11:00 Morning Gathering: <i>Elizabeth Cady Stanton's Birthday</i> 11:30 Sit & Be Fit: <i>Senior Yoga</i> 11:45 Hydration 11:30 Guess the Place 12:00 Lunch 1:00 Movie of the Day 1:00 Tea Time on the porch 1:45 Group Game: <i>Farkle</i> 2:45 Group Game: <i>Bean Bag Toss</i> 3:30 Afternoon RA Activity: <i>Pixy Cubes</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p>  <p style="color: #e67e22;">Quote of the Week:</p> <p>“Character is like a tree and reputation its shadow. The shadow is what we think it is and the tree is the real thing.”</p> <p style="text-align: right;">-Abraham Lincoln</p>
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