

The Country House and Commons

Weekly Activity Calendar

Monday, November 24th through Sunday, November 30th 2014



Monday 24th Activities w/ Devyn	Tuesday 25th Activities w/ Devyn	Wednesday 26th Activities w/ Katie	Thursday 27th Activities w/ Gabby
<p>Salon Day</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Parfait Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:30 Trivia, Facts & Fun 12:00 Lunch 1:00 Movie of the Day 1:15 Spa at the House 1:45 Group Activity: <i>High Rollers</i> 2:45 Group Game: <i>Hoola Hoop Ball</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Toss</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	 <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Growing up in the White House</i> 10:45 Spa at the Commons 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Reading: <i>Chicken Soup for the Soul</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Afternoon Baking: <i>Pumpkin Pie!</i> 2:45 Afternoon Baking 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:30 Spa at the House 4:00 Companion Time</p>	<p>Happy Birthday Bill!</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1922 "Peanuts" Cartoon</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:15 Group Activity: <i>Dominos</i> 1:45 Group Activity: <i>Mini Golf</i> 2:15 Afternoon Walks to House for Music 2:30 Folk Music w/ <i>Michael At House</i> 2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	 <p>Morning 9:00 am 87th Macy's Day Parade</p> <p>12:00 Noon</p> <p>Thanksgiving Meal Both Houses</p> <p>Afternoon Football!!!</p>
Friday 28th Activities w/ Gabby	Saturday 29th Activities w/ Katie	Sunday 30th Activities w/ Katie	Key
<p>Fun Friday</p> <p>Q: Can a turkey jump higher than the Empire State Building?</p> <p>A: Yes. A building can't jump at all!</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Black Friday</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!</i> 11:30 Laugh Out Loud Jokes 12:00 Lunch 1:00 Movie of the Day 1:15 Spa at the House 1:45 Happy Hour! <i>& Yahtzee!</i> 2:45 Happy Hour! <i>& Shut the Box</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Hoola Hoop Ball</i> 4:00 Companion Time</p>	 <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Square Dancing</i> 10:45 Spa at Commons 11:15 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:30 Wii Game: <i>Wheel of Fortune</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Companion Time 2:15 Group Activity: <i>Race to the Finish</i> 2:45 Afternoon Walks to House for Music 3:00 Songs w/ Jennifer <i>At House</i> 3:00 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 4:00 Walk to the CMS After Music</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1782 End Revolutionary War</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Positive Quotes 12:00 Lunch 1:00 Movie of the Day 1:15 Spa at the House 1:45 Group Activity: <i>Bingo!</i> 2:45 Group Game: <i>Bulls Eye!</i> 3:15 Companion Time 3:30 Afternoon RA Activity <i>Basketball</i> 3:30 Get Moving: <i>Balloon Volleyball</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week: "Over the river and through the woods Trot fast my dapple gray. Spring over the ground Like a hunting hound On this Thanksgiving Day, Hey! Over the river and through the woods Now Grandmother's face I spy. Hurrah for the fun, Is the pudding done? Hurrah for the pumpkin pie." - English folksong, <i>It's Raining, It's Pouring</i></p>