

The Country House and Commons

Weekly Activity Calendar
Monday, November 23rd through Sunday, November 29th 2015



Monday 23rd Activities w/ Carol	Tuesday 24th Activities w/ Carol	Wednesday 25th Activities w/ Katie	Thursday 26th Activities w/ Carol
<p>Salon Day</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Cashew Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p>Visits from Pumpkin: 1:30 @ House 2:15 @ Commons</p>  <p>3:00 Thankful Leaves 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Thankful Leaves</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering <i>Unique Talent Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p>Baking with Mel: Pumpkin Pie Demo!! 1:45 @ House 2:45 @ Commons</p> <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Thankful Leaves</p> 	<p>Happy Birthday Donald!</p> <p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>National Parfait Day</i> 10:00 Group Game: <i>High Rollers</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Bowling</i> 2:15 Afternoon Walks to House for Music 2:30 Songs w/ Dorothy at House 2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: Sensory Matching Game 4:15 Companion Time</p>	<p>Happy Birthday Bill!</p>  <p>Morning 9:00 am 89th Macy's Day Parade</p> <p>12:00 Noon Thanksgiving Meal Both Houses</p> <p>Afternoon Football!!!</p>
Friday 27th Activities w/ Bre	Saturday 28th Activities w/ Bre	Sunday 29th Activities w/ Carol	Key
<p>Q: Can a turkey jump higher than the Empire State Building? A: Yes. A building can't jump at all!</p> <p>Happy Birthday Bonnie!</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Buffalo Bob Smith Birthday</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing- A- Long 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>Book Club</i> 2:45 Group Game: <i>Fall Montessori Puzzle</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Kick Ball</i> 4:00 Companion Time</p>	<p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Steamboat Willie Premieres</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Name the Place 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>Trash Card Game</i> 2:45 Group Game: <i>Fall Sensory Bin</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Balloon Tennis</i> 4:00 Companion Time</p> 	 <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Square Dance Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>Kings in the Corner</i> 2:45 Group Activity: <i>Fall Leaves Game</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Balloon Toss</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>"Over the river and through the woods Trot fast my dapple gray. Spring over the ground Like a hunting hound On this Thanksgiving Day, Hey! Over the river and through the woods Now Grandmother's face I spy. Hurrah for the fun, Is the pudding done? Hurrah for the pumpkin pie." - English folksong, <i>It's Raining, It's Pouring</i></p>