

The Country House and Commons

Weekly Activity Calendar
Monday, November 21st through Sunday, November 27th 2016



| Monday 21st Activities w/ Katie | Tuesday 22nd Activities w/ Parvaneh | Wednesday 23rd Activities w/ Parvaneh | Thursday 24th Activities w/ Katie |
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| <p>Salon Day</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Birthstone: Topaz</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Sit & Be Fit</i> 11:30 Sing- A- Long 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p>Butte Humane Society Dog Visits! 1:30@ House 2:15 @ Commons</p> <p>2:45 Spa at the Commons 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Mini Golf</i></p> | <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>JFK assassinated 1963</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p>Pumpkin Pie Demo w/ Mel 1:45@ House 2:45 @ Commons</p>  <p>3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Balloon Tennis</i></p> | <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Cashew Day</i></p>  <p>10:45 Companion Time 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Guess the Place 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Thankful Turkey</i> 2:45 Group Game: <i>Thankful Turkey</i> 3:30 Afternoon RA Activity: <i>Basketball</i> 3:30 Get Moving: <i>Balloon Toss</i></p> |  <p>Morning 9:00 am 89th Macy's Day Parade</p> <p>12:00 Noon Thanksgiving Meal Both Houses</p> <p>Afternoon Football!!!</p> |
| Friday 25th Activities w/ Carol | Saturday 26th Activities w/ Parvaneh | Sunday 27th Activities w/ Katie | Key |
| <p>Fun Friday</p> <p>Q: Can a turkey jump higher than the Empire State Building? A: Yes. A building can't jump at all!</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Parfait Day</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Deal or no Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>The Ungame</i> 2:45 Group Game: <i>Checkers</i> 3:30 Afternoon RA Activity: <i>Basketball</i> 3:30 Get Moving: <i>Bowling</i></p> | <p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Charles Schultz Birthday</i> 10:00 Group Game: <i>Can You Name 5?</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Senior Yoga</i> 11:30 What's Missing? 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p>2:30 Songs at the House w/ Michael</p> <p>3:30 Afternoon RA Activity: <i>Ball Toss</i> 3:45 Group Activity: <i>Household Fun</i></p>  | <p>Happy Birthday Bonnie!</p> <p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Buffalo Bob Smith Birthday</i> 10:00 Group Game: <i>Scrabble</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Companion Time 2:15 Afternoon Walks to Commons for Music</p> <p>2:30 Piano at the Commons w/ Chris</p> <p>3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Get Moving: <i>Conversation Ball</i></p> | <p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week: "Over the river and through the woods Trot fast my dapple gray. Spring over the ground Like a hunting hound On this Thanksgiving Day, Hey! Over the river and through the woods Now Grandmother's face I spy. Hurrah for the fun, Is the pudding done? Hurrah for the pumpkin pie." - English folksong, <i>It's Raining, It's Pouring</i></p> |