

# The Country House and Commons

Weekly Activity Calendar  
Monday, November 14th through Sunday, November 20th 2016



Monday 14th Activities w/ Katie	Tuesday 15th Activities w/ Parvaneh	Wednesday 16th Activities w/ Parvaneh	Thursday 17th Activities w/ Katie
<p><b>Salon Day</b></p> <p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1st Street Car 1832</i> 10:45 Companion Time 11:15 Sit &amp; Be Fit: <i>Dance Party!!!</i> 11:30 Sing- A- Long 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p><b>Fall Leaves Bus Tour! Load at 1:30</b></p>  <p>3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Balloon Toss</i></p>	<p>9:30 Spa at the Commons 9:45 Morning Gathering: <i>Guinness World Record Day</i></p>  <p><b>Activities Meeting 10 am</b></p> <p>12:00 Lunch 1:00 Movie of the Day 1:00 Group Game: <i>Shake Loose a Memory</i> 1:45 Spa at the House 2:15 Afternoon Walks to House for Music</p> <p><b>2:30 Accordion at the House w/ Kathleen</b></p> <p>3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Group Activity: <i>Teddy Bear BINGO!</i></p>	<p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Flower: Chrysanthemum</i> 10:45 Companion Time 11:15 Sit &amp; Be Fit: <i>Dance Party!!!</i> 11:30 Sing- A- Long 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p><b>Baking with Mel:</b> 1:45 @ Commons 2:45 @ House</p>  <p>3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Balloon Toss</i></p>	<p>9:30 Spa at the Commons 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>World Peace Day</i> 10:45 Thankful Tree Craft 11:15 Sit &amp; Be Fit: <i>Dance Party!</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p><b>Flower Arranging!</b> 1:45 @ House 2:45 @ Commons</p>  <p>3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Activity: <i>Thankful Tree Craft</i></p>
Friday 18th Activities w/ Katie	Saturday 19th Activities w/ Parvaneh	Sunday 20th Activities w/ Carol	Key
<p><b>Fun Friday</b></p> <p><b>Q. Why didn't the turkey eat dessert?</b> <b>A. He was already stuffed!</b></p> <p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Mickey Mouse Birthday!</i> 10:45 Companion Time 11:15 Sit &amp; Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p><b>Happy Hour!</b> 1:45 @ Commons 2:15 @ House</p> <p>3:30 Afternoon RA Activity: <i>Basketball</i> 3:30 Get Moving: Bean Bag Toss</p> 	<p>9:30 Sit &amp; Be Fit Exercises 9:45 Morning Gathering: <i>Elizabeth Cady Stanton</i> 10:00 Group Game: <i>Gettysburg Address</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p><b>2:30 Hymns at the House w/ Donnie</b></p> <p>3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Group Activity: <i>Teddy Bear BINGO!</i></p>	<p>9:30 Spa at the Commons 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: Peanut Butter Fudge Day 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p><b>Therapy Bunnies Visit!!</b> 1:30 @ House 2:30 @ Commons</p>  <p>3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:30 Get Moving: <i>Bowling</i></p>	<p><b>Country House Country Commons Special Events or Outings Lunch Country House &amp; Commons Both Houses meeting in the Country House Living Room</b></p> <p><b>Quote of the Week:</b></p> <p>"November comes And November goes, With the last red berries And the first white snows. With night coming early, And dawn coming late, And ice in the bucket And frost by the gate. The fires burn And the kettles sing, And earth sinks to rest Until next spring." - Elizabeth Coatsworth</p>