

The Country House and Commons

Weekly Activity Calendar
Monday November 10th through Sunday, November 16th 2014



Monday 10th Activities w/ Katie & Devyn	Tuesday 11th Activities w/ Devyn & Katie	Wednesday 12th Activities w/ Katie & Devyn	Thursday 13th Activities w/ Devyn & Gabby
<p style="text-align: center;">Salon Day</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1775 Marine Corps Created</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:30 Trivia, Facts & Fun 12:00 Lunch 1:00 Movie of the Day 1:15 Spa at the House 1:45 Group Activity: <i>High Rollers</i> 2:45 Group Game: <i>Hoola Hoop Ball</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Toss</i> 3:30 Get Moving: <i>Balloon Volleyball</i> 4:00 Companion Time</p>	 <p>9:30 Morning Walks 10:00 Army Visitors 10:30 Army Visitors 10:45 Spa at the Commons 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Reading: <i>Chicken Soup for the Soul</i> 12:00 Lunch 1:00 Movie of the Day Pumpkin, the Mini Therapy Horse Visits! 1:30 @ House 2:15 @ Commons 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:30 Get Moving: <i>Balloon Volleyball</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Chicken Soup Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House STAFF MEETING 1:30 PM 2:15 Afternoon Walks to House for Music 2:30 Folk Music w/ Michael At House 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i></p>	<p style="text-align: center;">make someone's day.</p>  <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>World Kindness Day</i> 10:45 Spa at Commons 11:15 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:30 Wii Game: <i>Wheel of Fortune</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Flower Arranging 2:45 Group Activity: <i>Flower Arranging</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Get Moving: <i>Hoola Hoop Ball</i> 4:00 Companion Time</p>
Friday 14th Activities with Gabby	Saturday 15th Activities with Gabby	Sunday 16th Activities with Katie	Key
<p style="text-align: center;">Fun Friday</p> <p style="text-align: center;">When does Christmas come before Thanksgiving?</p> <p style="text-align: center;">In the dictionary!</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Diabetes Awareness</i> 10:45 Morning Walks 11:00 Sit & Be Fit: <i>Dance Party!</i> 11:30 Laugh Out Loud Jokes 12:00 Lunch 1:00 Movie of the Day 1:15 Spa at the House 1:45 Happy Hour! 2:45 Happy Hour & Piano w/ Marie 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	 <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Recycling</i> 10:45 Spa at Commons 11:15 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Companion Time 1:15 Group Activity: <i>Paddle Ball</i> 2:45 Afternoon Walks to House for Music 3:00 Songs w/ Jennifer At House 3:00 Spa at the House 3:30 Afternoon RA Activity <i>Parachute Fun!</i> 4:00 Walk to the CMS After Music</p>	<p style="text-align: center;">Happy Birthday Mary Sue!</p>  <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>November Flower Chrysanthemum</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Wii Game: <i>Family Feud</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Spa at the House 1:45 Group Activity: <i>Card Games</i> 2:45 Group Game: <i>Soccer</i> 3:15 Companion Time 3:30 Afternoon RA Activity <i>Basketball</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>"So dull and dark are the November days. The lazy mist high up the evening curled, And now the morn quite hides in smoke and haze; The place we occupy seems all the world." - John Clare, <i>November</i></p>