



The Country House and Commons



Weekly Activity Calendar Monday, May 2nd through Sunday, May 8th 2016

Monday 2nd Activities w/Katie	Tuesday 3rd Activities w/Katie	Wednesday 4th Activities w/Carol	Thursday 5th Activities w/Bri
<p style="text-align: center;">Salon Day</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>1885 Good Housekeeping Magazine</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 The Price is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>Apples to Apples</i> 2:45 Group Activity: <i>Shut the Box</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Gone with the Wind 1937</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Senior Yoga</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Can You Name 5?</i></p>  <p>2:45 Group Activity: <i>Race to the Finish</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:30 Get Moving: <i>Ring Toss</i> 4:00 Afternoon Walks</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Bird Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Group Game: <i>Farkle</i> 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p style="text-align: center;">2:30 Music at the House w/ Dorothy</p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Baseball</i> 3:45 Companion Time 4:15 Group Activity: <i>Puzzles</i></p>	<p style="text-align: center;">Happy Birthday Bob!</p> <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Cinco De Mayo!</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p style="text-align: center;">Cinco De Mayo Fiesta! 1:45@ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>High Rollers</i> 4:00 Companion Time</p>
Friday 6th Activities w/Bri	Saturday 7th Activities w/Carol	Sunday 8th Activities w/Katie	Key
<p style="text-align: center;">Fun Friday</p> <p>Q: What did the evil chicken lay? A: Deviled Eggs!</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Nurses Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga and Meditation</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>Kings in the Corner</i> 2:45 Group Activity: <i>Stamping</i> 3:15 Companion Time 3:30 Afternoon RA Activity: 3:30 Get Moving: <i>Balloon Toss</i> 4:00 Companion Time</p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>National Tourism Day</i> 10:00 Morning Walks 10:30 Get Moving: <i>Bulls Eye</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:30 Guess the Place 12:00 Lunch 1:00 Movie of the Day 1:00 Group Game: <i>UNO</i> 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p style="text-align: center;">2:30 Hymns at the House w/Donnie</p> <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: <i>Water Sensory Box</i> 4:15 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>V-E Day 1945</i> 10:45 Morning Walks</p> <p style="text-align: center;">Mother's Day Brunch! 11am-2pm Both Houses</p>  <p>2:30 Afternoon Walks 3:15 Companion Time 3:45 Group Activity: <i>Pixy Cubes</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>“There was a land of Cavaliers and Cotton Fields called the Old South. Here in this pretty world Gallantry took its last bow. Here was the last ever to be seen of Knights and their Ladies Fair, of Master and of Slave. Look for it only in books, for it is no more than a dream remembered. A Civilization gone with the wind...” —Margaret Mitchell, <i>Gone With The Wind</i></p>