

# The Country House and Commons

Weekly Activity Calendar  
Monday, May 16th through Sunday, May 22nd 2016

Monday 16th Activities w/Katie	Tuesday 17th Activities w/Katie	Wednesday 18th Activities w/Parvaneh	Thursday 19th Activities w/Katie
<p><b>Salon Day</b> 9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1866 Root Beer Invented</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Deal or No Deal <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the House</p> <p><b>One Accord Women's Choir</b> 1:15 @ House</p>  <p>1:45 Group Game: <i>Farkle</i> 2:45 Group Activity: <i>Checkers</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Ring Toss</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1875 1st Kentucky Derby</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 The Price Is Right <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Group Game: <i>UNO</i> 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p><b>2:30 Songs at the House w/ Kathleen</b></p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:30 Group Activity: <i>Household Fun</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:00 Sit &amp; Be Fit Exercises 10:15 Morning Gathering: <i>I Love Reese's Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Senior Yoga</i> 11:30 Internet Travel <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p><b>Baking with Mel</b> 1:45 @ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Group Game: <i>Bowling</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises</p> <p><b>Resident Lunch Outing</b> Bus Loads at 10:30am</p> <p>10:30 Morning Gathering: <i>1884 Ringling Bros. Circus</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Dance Party!</i> 11:30 Wheel of Fortune <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p><b>Flower Arranging</b> 1:45 @ House 2:45 @ Commons</p>  <p>3:00 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>High Rollers</i> 4:00 Companion Time</p>
Friday 20th Activities w/Parvaneh	Saturday 21st Activities w/Parvaneh	Sunday 22nd Activities w/Carol	Key
<p><b>Fun Friday</b> <b>Q: What do you call a sad strawberry?</b> <b>A: A blueberry!</b></p> <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>National Strawberry Month</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Yoga and Meditation</i> 11:30 Guess The Place <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the House</p> <p><b>Happy Hour</b> 1:45 @ Commons 2:15 @ House</p> <p>3:00 Group Game: <i>BINGO</i> 3:30 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Toss</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1881 Red Cross Formed</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Yoga and Meditation</i> 11:30 Sing-A-Long <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Sequence</i> 2:15 Afternoon Walks to House for Music</p> <p><b>2:30 Hymns at the House w/ Donnie</b></p> <p>3:30 Companion Time 3:30 Afternoon RA Activity: <i>Hula Hoop Ball</i> 4:00 Companion Time</p>	 <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1967 Mister Rogers Debut</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Yoga and Meditation</i> 11:30 Family Feud <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>Shake Loose A Memory</i> 2:45 Group Activity: <i>Race to the Finish</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Basketball</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	<p><b>Country House</b> <b>Country Commons</b> <b>Special Events or Outings</b> <b>Lunch</b> <b>Country House &amp; Commons</b> <b>Both Houses meeting in the Country House Living Room</b></p> <p><b>Quote of the Week:</b> "Love isn't a state of perfect caring. It is an active noun like struggle. To love someone is to strive to accept that person exactly the way he or she is, right here and now." -Mister Fred Rogers</p>