

The Country House and Commons

Weekly Activity Calendar
Monday, March 7th through Sunday, March 13th 2016



Monday 7th Activities w/ Katie	Tuesday 8th Activities w/ Bre	Wednesday 9th Activities w/ Katie	Thursday 10th Activities w/ Bre
<p>Salon Day</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Telephone Patented 1876</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>Apples to Apples</i> 2:15 Group Activity: <i>St. Patty's Montessori Puzzle</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Balloon Tennis</i> 4:00 Companion Time</p> 	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>International Women's Day</i></p> <p>International Working Women's Day</p>  <p>10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p>STAFF MEETING 1:30pm</p> <p>3:30 Afternoon RA Activity: <i>Bean Bag Toss</i></p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>National Meatball Day</i> 10:00 Morning Walks 10:30 Get Moving: <i>Balloon Volleyball</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga & Meditation</i> 12:00 Lunch 1:00 Movie of the Day 1:00 Group Game: <i>Yahtzee</i> 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p>2:30 Songs at the House w/ Dorothy</p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Group Activity: <i>Race to the Finish</i> 4:15 Companion Time</p>	<p>RESIDENT LUNCH OUTING Load @ 10:30 AM</p> <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Paper Money Issued 1862</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!</i> 11:30 Deal or No Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p>Flower Arranging! 1:45 @ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Activity: <i>Sensory Matching Game</i> 4:00 Companion Time</p>
Friday 11th Activities w/ Katie	Saturday 12th Activities w/ Carol	Sunday 13th Activities w/ Bre	Key
<p>Fun Friday Q: What season is it when you are on a trampoline? A: Spring-time!</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Johnny Appleseed Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p>Therapy Bunnies Visit!! 1:30 @ House 2:30 @ Commons</p> <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Popcorn Lovers Day</i> 10:00 Group Game: <i>High Rollers</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving:</p> <p>2:15 Afternoon Walks to House for Music</p> <p>2:30 Songs at the House w/ Michael</p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: <i>St. Patty's Day Sensory Bin</i> 4:15 Companion Time</p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Daylight Savings</i> 10:00 Group Game: <i>BINGO</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Ball Toss</i> 2:15 Afternoon Walks to Commons for Music</p> <p>2:30 Piano at the Commons w/ Chris</p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Basketball</i> 3:45 Group Activity: <i>Puzzle</i> 4:15 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>It's spring fever. That is what the name of it is. And when you've got it, you want - oh, you don't quite know what it is you <i>do</i> want, but it just fairly makes your heart ache, you want it so!</p> <p>~Mark Twain</p>