

The Country House and Commons

Weekly Activity Calendar
Monday, March 6th through Sunday, March 12th 2017



Monday 6th Activities w/ Lee	Tuesday 7th Activities w/ Parvaneh	Wednesday 8th Activities w/ Lee	Thursday 9th Activities w/ Carol
<p>Salon Day</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Oreo Day</i></p>  <p>10:45 Companion Time 11:15 Sit & Be Fit: <i>Sit & Be Fit</i> 11:30 What's Missing? 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Welcome Tea</i> 2:45 Group Game: <i>St. Patrick's Day Puzzle</i> 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Conversation Ball</i></p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Telephone Patented</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day</p> <p><u>Country Village Trinkets to Treasures Bizarre!</u></p> <p>2:45 Group Game: <i>St. Patrick's Sensory Bin</i> 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Bean Bag Toss</i></p> 	<p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Daylight Savings History</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Trash Card Game</i> 2:45 Group Game: <i>Race to the Finish</i> 3:30 Afternoon RA Activity: <i>Basketball</i> 3:30 Get Moving: <i>Balloon Volleyball</i></p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Meatball Day</i> <u>Flower Arranging!</u> 10:00 @ House</p>  <p>11:30 Sit & Be Fit: <i>Senior Yoga</i> 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p><i>STAFF MEETING</i> <i>1:30pm</i></p> <p>2:15 Afternoon Walks to House for Music 2:30 Folk music at the House w/ Loki 3:30 Afternoon RA Activity: <i>Parachute Fun!</i></p>
Friday 10th Activities w/ Lee	Saturday 11th Activities w/ Nidia	Sunday 12th Activities w/ Nidia	Key
<p><i>Fun Friday</i></p> <p>Q: What season is it when you are on a trampoline? A: Spring-time!</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Paper Money Issued</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Bunco</i> 2:45 Group Game: <i>Sensory Matching Game</i> 3:30 Afternoon RA Activity: <i>Balloon Toss</i> 3:30 Get Moving: <i>Mini Golf</i></p> 	<p><u>Happy Birthday Gene!!</u></p>  <p>9:30 Companion Time 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Johnny Appleseed Day</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Deal or no Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Skip-Bo dice game</i> 2:45 Group Game: <i>Colored Dominoes</i> 3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:30 Get Moving: <i>Balloon Tennis</i></p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Popcorn Lovers Day</i> 10:00 Group Game: <i>Farkle</i> 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Companion Time 2:15 Afternoon Walks to Commons for Music</p> <p>2:30 Piano at the Commons w/ Chris</p>  <p>3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Get Moving: <i>Conversation Ball</i></p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>It's spring fever. That is what the name of it is. And when you've got it, you want - oh, you don't quite know what it is you <i>do</i> want, but it just fair- ly makes your heart ache, you want it so!</p> <p>~Mark Twain</p>