

# The Country House and Commons

Weekly Activity Calendar  
Monday, March 21st through Sunday, March 27th 2016



| Monday 21st<br>Activities w/ Katie   | Tuesday 22nd<br>Activities w/ Bre  | Wednesday 23rd<br>Activities w/ Katie   | Thursday 24th<br>Activities w/ Carol  |
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| <p><b>Salon Day</b></p> <p>9:30 Spa at the House<br/>10:15 Sit &amp; Be Fit Exercises<br/>10:30 Morning Gathering:<br/><i>National Quilting Day</i><br/>10:45 Morning Walks<br/>11:15 Sit &amp; Be Fit:<br/><i>Exercise w/ Noodles</i><br/>11:30 Wheel of Fortune<br/><b>12:00 Lunch</b><br/>1:00 Movie of the Day<br/>1:00 Afternoon Walks</p> <p><b>Humane Society Dog Visits:</b><br/>1:30 @ House<br/>2:15 @ Commons</p>  <p>3:15 Companion Time<br/>3:30 Afternoon RA Activity:<br/><i>Balloon Bat</i><br/>3:30 Get Moving:<br/><i>Conversation Ball</i><br/>4:00 Companion Time</p>   | <p>9:30 Spa at the Commons<br/>10:15 Sit &amp; Be Fit Exercises<br/>10:30 Morning Gathering:<br/><i>World Water Day</i><br/>10:45 Morning Walks<br/>11:15 Sit &amp; Be Fit:<br/><i>Groovin &amp; Moovin</i><br/>11:30 Internet Travel<br/><b>12:00 Lunch</b><br/>1:00 Movie of the Day<br/>1:00 Companion Time<br/>1:45 Group Game:<br/><i>Plastic Egg Painting</i><br/>2:15 Group Activity:<br/><i>Plastic Egg Painting</i><br/>3:15 Companion Time<br/>3:30 Afternoon RA Activity:<br/><i>Bean Bag Toss</i><br/>3:30 Get Moving:<br/><i>Mini Golf</i><br/>4:00 Afternoon Walks</p>  | <p><b>Happy Birthday Inga!!</b></p> <p>9:30 Sit &amp; Be Fit Exercises<br/>9:45 Morning Gathering:<br/><i>National Puppy Day</i><br/>10:00 Morning Walks<br/>10:30 Get Moving:<br/><i>Bean Bag Toss</i><br/>10:45 Morning Walks<br/>11:15 Sit &amp; Be Fit:<br/><i>Yoga &amp; Meditation</i><br/><b>12:00 Lunch</b><br/>1:00 Movie of the Day<br/>1:00 Group Game:<br/><i>Critter Stand</i><br/>1:45 Companion Time<br/>2:15 Afternoon Walks to<br/>House for Music</p> <p><b>2:30 Songs at the House<br/>w/ Dorothy</b></p> <p>2:30 Spa at the House<br/>3:30 Afternoon RA Activity:<br/><i>Parachute Fun!</i><br/>3:45 Group Activity:<br/><i>Bunny Tails</i><br/>4:15 Companion Time</p> | <p><b>Happy Birthday Aili!!</b></p> <p>9:30 Spa at the Commons<br/>10:15 Sit &amp; Be Fit Exercises<br/>10:30 Morning Gathering:<br/><i>Chocolate Dipped Day</i><br/>10:45 Morning Walks<br/>11:15 Sit &amp; Be Fit:<br/><i>Dance Party!</i><br/>11:30 Deal or No Deal<br/><b>12:00 Lunch</b><br/>1:00 Movie of the Day<br/>1:00 Afternoon Walks</p> <p><b><u>Dye Easter Eggs!</u></b><br/>1:45 @ House<br/>2:45 @ Commons</p>  <p>3:15 Companion Time<br/>3:30 Afternoon RA Activity:<br/><i>Bowling</i><br/>3:30 Group Activity:<br/><i>Easter Montessori Bin</i><br/>4:00 Companion Time</p> |
| Friday 25th<br>Activities w/ Bre   | Saturday 26th<br>Activities w/ Bre   | Sunday 27th<br>Activities w/ Katie  | Key   |
| <p><b>Fun Friday</b><br/><b>Q: What flowers grow on faces?</b><br/><b>A: Tulips (Two-lips)!</b></p> <p>9:30 Spa at the House<br/>10:15 Sit &amp; Be Fit Exercises<br/>10:30 Morning Gathering:<br/><i>International Waffle Day</i><br/>10:45 Morning Walks<br/>11:15 Sit &amp; Be Fit:<br/><i>Dance Party!!!</i><br/>11:30 Sing-A-Long<br/><b>12:00 Lunch</b><br/>1:00 Movie of the Day<br/>1:00 Afternoon Walks</p> <p><b>Baking with Mel:<br/>Easter Cookies!!</b><br/>1:45 @ Commons<br/>2:45 @ House</p>  <p>3:15 Companion Time<br/>3:30 Afternoon RA Activity:<br/><i>Baseball</i><br/>3:30 Get Moving:<br/><i>Balloon Volleyball</i><br/>4:00 Companion Time</p> | <p><b>Happy Birthday Sam!!</b></p> <p>9:30 Sit &amp; Be Fit Exercises<br/>9:45 Morning Gathering:<br/><i>Easter Egg Hunt!</i><br/>10:00 Table Game:<br/><b>10:45 Spa at the Commons</b><br/>11:15 Sit &amp; Be Fit:<br/><i>Yoga &amp; Meditation</i><br/>11:30 Family Feud<br/><b>12:00 Lunch</b><br/>1:00 Movie of the Day</p> <p><b>Resident Family<br/>Easter Egg Hunt<br/>2:00pm</b></p>    | <p><b>Happy Birthday Lillian!!</b></p>  <p><b>12:00pm<br/>Easter Meal</b></p> <p>1:00 Spa at the Commons<br/>2:15 Afternoon Walks<br/>2:45 Spa at the House<br/>2:30 Afternoon Walks<br/>3:00 Group Game</p>  | <p><b>Country House<br/>Country Commons<br/>Special Events or Outings<br/>Lunch<br/>Country House &amp; Commons<br/>Both Houses meeting in the<br/>Country House Living Room</b></p> <p><b>Quote of the Week:</b></p> <p>The seasons are what a symphony ought to be: four perfect movements in harmony with each other.</p> <p>~Arthur Rubenstein</p>  |