



# The Country House and Commons



## Weekly Activity Calendar Monday, March 14th through Sunday, March 20th 2016

Monday 14th Activities w/ Katie	Tuesday 15th Activities w/ Bre	Wednesday 16th Activities w/ Katie	Thursday 17th Activities w/ Katie
<p style="text-align: center;"><b>Salon Day</b></p>  <p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>National Butterfly Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>Book Club</i> 2:15 Group Activity: <i>St. Patty's Day Sensory Bin</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Shamrock Toss</i> 4:00 Companion Time</p>	<p>9:30 Sit &amp; Be Fit Exercises 9:45 Morning Gathering: <i>March Flower: Daffodil</i> 10:00 Morning Walks 10:30 Get Moving: <i>Bean Bag Toss</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Yoga &amp; Meditation</i> <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Group Game: <i>Can You Name 5?</i> 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p style="text-align: center;"><b>2:30 Accordion Music at the House w/ Kathleen</b></p> <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Group Activity: <i>Sensory Matching Game</i> 4:15 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>March Birthstone: Aquamarine</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Internet Travel <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p style="text-align: center;"><b>Baking with Mel</b> 1:45 @ Commons 2:45 @ House</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>St. Patrick's Day!</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Dance Party!</i> 11:30 Deal or No Deal <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p style="text-align: center;"><b>St. Patty's Day Parties!</b> 1:45 @ House 2:45 @ Commons</p> <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Activity: <i>Nuts and Bolts</i> 4:00 Companion Time</p> 
Friday 18th Activities w/ Katie	Saturday 19th Activities w/ Bre	Sunday 20th Activities w/ Bre	Key
<p style="text-align: center;"><b>Fun Friday</b></p> <p><b>Q: When is an Irish Potato not an Irish Potato?</b> <b>A: When it's a French fry!</b></p> <p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Oatmeal Cookie Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p style="text-align: center;"><b>Happy Hour</b> 1:45 @ Commons 2:45 @ House <b>Dot's 100th Birthday Party</b> 2:45 @ House!!!</p> <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Balloon Volleyball</i> 4:00 Companion Time</p>	<p>9:30 Sit &amp; Be Fit Exercises 9:45 Morning Gathering: <i>Let's Laugh Day!</i> 10:00 Group Game: <i>Sequence BINGO</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Family Feud <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Balloon Toss</i> 2:15 Afternoon Walks to House for Music</p> <p style="text-align: center;"><b>2:30 Hymns at the House w/ Donnie</b></p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: 4:15 Companion Time</p>	<p style="text-align: center;"><b>Happy Birthday Dot!!</b></p> <p>9:30 Spa at the Commons 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Spring Equinox</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 The Price is Right <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>Farkle</i> 2:15 Group Activity: <i>St. Patty's Montessori Puzzle</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Basketball</i> 3:30 Get Moving: <i>Balloon Tennis</i> 4:00 Companion Time</p> 	<p><b>Country House</b> <b>Country Commons</b> <b>Special Events or Outings</b> <b>Lunch</b> <b>Country House &amp; Commons</b> <b>Both Houses meeting in the</b> <b>Country House Living Room</b></p> <p><b>Quote of the Week:</b></p> <p>Spring makes its own statement, so loud and clear that the gardener seems to be only one of the instruments, not the composer.</p> <p style="text-align: right;">~Geoffrey B. Charlesworth</p>