



# The Country House and Commons



## Weekly Activity Calendar Monday, March 13th through Sunday, March 19th 2017

Monday 13th Activities w/ Lee	Tuesday 14th Activities w/ Parvaneh	Wednesday 15th Activities w/ Lee	Thursday 16th Activities w/ Carol
<p><b>Salon Day</b></p> <p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Chicken Noodle Soup Day</i></p>  <p>11:00 Sit &amp; Be Fit: <i>Sit &amp; Be Fit</i> 11:30 What's Missing? 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>St. Patrick's Day Craft</i> 2:45 Group Game: <i>St. Patrick's Day Craft</i> 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Conversation Ball</i> 4:00 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Learn About Butterflies Day</i> 11:00 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day</p> <p><b>Country Village Trinkets to Treasures Bizarre!</b></p>  <p>2:45 Group Game: <i>St. Patrick's Sensory Bin</i> 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>March Flower: Daffodil</i></p>  <p>11:00 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Bible Study</i> 2:45 Group Game: <i>Bible Study</i> 3:30 Afternoon RA Activity: <i>Basketball</i> 3:30 Get Moving: <i>Balloon Volleyball</i> 4:00 Companion Time</p>	<p>9:30 Sit &amp; Be Fit Exercises 9:45 Morning Gathering: <i>March Birthstone</i></p> <p><b>Flower Arranging!</b> 10:00 @ House</p> <p>11:30 Sit &amp; Be Fit: <i>Senior Yoga</i> 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p><b>Cookie Decorating!</b> 1:45 @ House 2:45 @ Commons</p>  <p>3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Companion Time 4:00 Companion Time</p>
Friday 17th Activities w/ Lee	Saturday 18th Activities w/ Nidia	Sunday 19th Activities w/ Nidia	Key
<p><b>Fun Friday</b></p> <p><b>Q: When is an Irish Potato not an Irish Potato?</b> <b>A: When it's a French fry!</b></p> <p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>St. Patrick's Day</i> 11:00 Sit &amp; Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day</p> <p><b>St. Patty's Day Parties!</b> 1:45 @ Commons 2:15 @ House</p>  <p>3:30 Afternoon RA Activity: <i>Balloon Toss</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	<p>9:30 Sit &amp; Be Fit Exercises 9:45 Morning Gathering: <i>Oatmeal Cookie Day</i> 10:00 Group Game: <i>The Ungame</i> 11:15 Sit &amp; Be Fit: <i>Senior Yoga</i> 11:30 What's Missing? 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p><b>2:30 Hymns at the House w/ Donnie</b></p>  <p>3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:30 Get Moving: <i>Balloon Tennis</i> 4:00 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Let's Laugh Day</i> 11:30 Sit &amp; Be Fit: <i>Senior Yoga</i> 11:30 Guess the Place 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p><b>Therapy Bunnies Visit!!!</b> 1:30 @ House 2:30 @ Commons</p> <p>3:30 Afternoon RA Activity: <i>Ball Toss</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p> 	<p><b>Country House Country Commons Special Events or Outings Lunch Country House &amp; Commons Both Houses meeting in the Country House Living Room</b></p> <p><b>Quote of the Week:</b> Spring makes its own statement, so loud and clear that the gardener seems to be only one of the instruments, not the composer. ~Geoffrey B. Charlesworth</p>