

# The Country House and Commons

Weekly Activity Calendar  
Monday, June 6th through Sunday, June 12th 2016



Monday 6th Activities w/Katie	Tuesday 7th Activities w/Katie	Wednesday 8th Activities w/Parvaneh	Thursday 9th Activities w/Katie
<p><b>Salon Day</b> 9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>D-Day WWII</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 The Price Is Right <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>BINGO</i> 2:45 Group Activity: <i>Garden Sensory Box</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Balloon Toss</i> 4:00 Companion Time</p> 	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Chocolate Ice Cream Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Senior Yoga</i> 11:30 Wheel of Fortune <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Group Game: <i>Yahtzee</i> 2:15 Afternoon Walks to House for Music  <b>2:30 Music at the House w/ Dorothy</b>  2:30 Spa at the House 3:30 Group Activity: <i>Checkers</i> 3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Companion Time 4:00 Companion Time</p>	 <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1948Milton Berle Premieres</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Internet Travel <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>High Rollers</i> 2:45 Group Activity: <i>Household Fun</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1934 Donald Duck Premieres</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Dance Party!</i> 11:30 Deal or No Deal <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the Commons  <b>Flower Arranging</b> 1:45 @ House 2:45 @ Commons</p>  <p>3:00 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>Dominos</i> 4:00 Companion Time</p>
Friday 10th Activities w/Parvaneh	Saturday 11th Activities w/Parvaneh	Sunday 12th Activities w/Carol	Key
<p><b>Fun Friday</b> <b>Q: What do you get from a pampered cow?</b> <b>A: Spoiled milk!</b></p> <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Franklin Discovers Electricity</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Yoga and Meditation</i> 11:30 Charades <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Sequence</i> 2:45 Group Activity: <i>Letters and Numbers</i> 3:00 Companion Time 3:30 Afternoon RA Activity: 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1982 E.T. is Released</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/Noodles</i> 11:30 Family Feud <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Group Game: <i>Book Club</i> 1:45 Companion Time 2:15 Afternoon Walks to House for Music  <b>2:30 Music at the House w/ Michael</b></p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: <i>Teddy Bear BINGO</i> 4:15 Companion Time</p>	<p><b>RED NOSE DAY</b></p>  <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Red Nose Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Finish the Phrase <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>Kings In The Corner</i> <b>2:30 Hymns at the House w/Donnie</b> 2:45 Group Activity: <i>Puzzles</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Basketball</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	<p>Country House Country Commons <b>Special Events or Outings Lunch</b> Country House &amp; Commons <b>Both Houses meeting in the Country House Living Room</b></p> <p><b>Quote of the Week:</b> “I'd rather be a could-be if I can- not be an are; because a could-be is a maybe who is reaching for a star. I'd rather be a has-been than a might-have-been, by far; for a might have-been has never been, but a has was once an are.” --Milton Berle</p>