

# The Country House and Commons

Weekly Activity Calendar  
Monday, June 27th through Sunday, July 3rd 2016



Monday 27th Activities w/Katie	Tuesday 28th Activities w/Katie	Wednesday 29th Activities w/Parvaneh	Thursday 30th Activities w/Katie
<p><b>Salon Day</b> 9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1859: HBD Song 1st sung</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Family Feud <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the House <b>Visits with Pumpkin:</b> 1:30@ House 2:15 @ Commons</p>  <p>3:00 Group Activity: <i>Bull's Eye!</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Group Game: <i>BINGO</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1919: WWI Ends</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 The Price is Right <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>Farkle</i> 2:45 Group Activity: <i>Pixy Cubes</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Toss</i> 3:30 Get Moving: <i>Ring Toss</i> 4:00 Companion Time</p> 	 <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Waffle Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Internet Travel <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>High Rollers</i> 2:45 Group Activity: <i>Card Matching</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Acrobat Crosses Niagara Falls on Tightrope</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Dance Party!</i> 11:30 Wheel of Fortune <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p><b>Flower Arranging</b> 1:45@ House 2:45 @ Commons</p>  <p>3:00 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>Kings in the Corner</i> 4:00 Companion Time</p>
Friday 1st Activities w/Parvaneh	Saturday 2nd Activities w/Parvaneh	Sunday 3rd Activities w/Carol	Key
<p><b>Fun Friday</b> <b>Q: What do you get when you cross a fish &amp; an elephant?</b> <b>A: Swimming Trunks!</b> 9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>International Joke Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Yoga and Meditation</i> 11:30 Jokes! <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the House <b>Baking with Mel!</b> <b>Patriotic Cookies</b> 1:45 @ Commons 2:15@ House</p> <p>3:00 Companion Time 3:30 Afternoon RA Activity: <i>Basketball</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>World UFO Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Apples to Apples</i> 2:45 Group Activity: <i>Nuts and Bolts</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Hula Hoop Ball</i> 3:30 Get Moving: <i>Hula Hoop Ball</i> 4:00 Companion Time</p> 	<p><b>Therapy Bunnies:</b> 10am @ House 11am @ Commons</p> <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Plastic Bag Free Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Short Stories <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>Book Club</i> 2:45 Group Activity: <i>Color Dominos</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Hula Hoop Ball</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House &amp; Commons Both Houses meeting in the Country House Living Room</p> <p><b>Quote of the Week:</b> “We need to remember what's important in life: friends, waffles, work. Or waffles, friends, work. Doesn't matter, but work is third.” — <u>Leslie Knope</u></p>