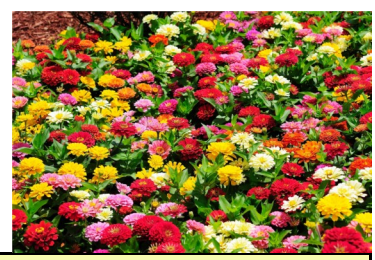
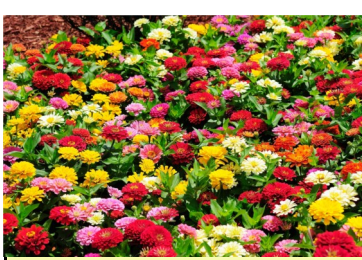


# The Country House and Commons

Weekly Activity Calendar  
Monday, June 13th through Sunday, June 19th 2016



Monday 13th Activities w/Katie	Tuesday 14th Activities w/Katie	Wednesday 15th Activities w/Parvaneh	Thursday 16th Activities w/Katie
<p><b>Salon Day</b> 9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Cupcake Lover's Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Sequence</i> 2:45 Group Activity: <i>Household Fun!</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Flag Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Senior Yoga</i> 11:30 Family Feud <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p><b>Staff Meeting @ 1:30</b></p> 	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1942: Bambi Released</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Dance Party!!!</i> 11:30 Internet Travel <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the House <b>Baking with Mel:</b> 1:45 @ Commons 2:15 @ House</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Ring Toss</i> 4:00 Companion Time</p>	<p><b>Resident Breakfast Outing 8:15 am</b></p> <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Eat Your Veggies Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Dance Party!</i> 11:30 The Price Is Right <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p><b>Flower Arranging</b> 1:45 @ House 2:45 @ Commons</p> <p>3:00 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>High Rollers</i> 4:00 Companion Time</p>
Friday 17th Activities w/Parvaneh	Saturday 18th Activities w/Parvaneh	Sunday 19th Activities w/Carol	Key
<p><b>Fun Friday</b> <b>Q: What do you get when you cross a hula hoop and a boxer?</b> <b>A: Hawaiian Punch!</b></p> <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Statue of Liberty Arrives</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Yoga and Meditation</i> 11:30 Trivia! <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Can You Name 5?</i> 2:45 Group Activity: <i>Card Matching</i> 3:00 Companion Time 3:30 Afternoon RA Activity: 3:30 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>National Go Fishing Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/Noodles</i> 11:30 Guess the Location <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Group Game: <i>BINGO</i> 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p><b>2:30 Music at the House w/ Donnie</b></p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: <i>Race to the Finish</i> 4:00 Companion Time</p>	<p><b>Father's Day Pancake Breakfast!</b> 9:00-11:00 am</p>  <p>11:30 Morning Gathering: <i>1964: Civil Rights Act Passes</i> <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>Shake Loose A Memory</i> 2:45 Group Activity: <i>Shut The Box</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Basketball</i> 3:30 Get Moving: <i>Hula Hoop Ball</i> 4:00 Companion Time</p>	<p>Country House Country Commons <b>Special Events or Outings Lunch</b> Country House &amp; Commons Both Houses meeting in the Country House Living Room</p> <p><b>Quote of the Week:</b> "Today, we are committed to a worldwide struggle to promote and protect the rights of all who wish to be free. It ought to be possible, in short, for every American to enjoy the privileges of being American without regard to his race or his color." -JKF on The Civil Rights Act</p>