

# The Country House and Commons

Weekly Activity Calendar  
Monday, July 4th through Sunday, July 10th 2016



Monday 4th Activities w/Katie	Tuesday 5th Activities w/Katie	Wednesday 6th Activities w/Parvaneh	Thursday 7th Activities w/Parvaneh
<p style="text-align: center;"><b>Salon Day</b></p>  <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Happy 4th of July!</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>High Rollers</i> 2:45 Group Activity: <i>Patriotic Sensory Bin</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Toss</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1946: Bikini Debuts</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Senior Yoga</i> 11:30 Family Feud <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>Yahtzee</i> 2:45 Group Activity: <i>Puzzles</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Hoop Ball</i> 3:30 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p> 	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Ntl Fried Chicken Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Sing-A-Long <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Group Game: <i>BINGO</i> 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p style="text-align: center;"><b>2:30 Songs at the House w/Dorothy</b></p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Group Activity: <i>Sensory Matching Game</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1898: US Annexes Hawaii</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Dance Party!</i> 11:30 The Price Is Right <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p style="text-align: center;"><b>Flower Arranging</b> 1:45 @ House 2:45 @ Commons</p>  <p>3:00 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>Apples to Apples</i> 4:00 Companion Time</p>
Friday 8th Activities w/Parvaneh	Saturday 9th Activities w/Parvaneh	Sunday 10th Activities w/Carol	Key
<p><b>Happy Birthday Jim G!</b> <b>Fun Friday</b> <b>Q: What do you call a can opener that doesn't work?</b> <b>A: A can't opener!</b></p> <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1796: 1st Passport Issued</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Yoga and Meditation</i> 11:30 Trivia <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Scrabble</i> 2:45 Group Activity: <i>Race to the Finish</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Hula Hoop Ball</i> 3:30 Get Moving: Ring Toss 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Dick Clark's American Bandstand Premieres</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Family Feud <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Group Game: <i>Book Club</i> 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p style="text-align: center;"><b>2:30 Songs at the House w/Michael</b></p> <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Group Activity: <i>Teddy Bear BINGO</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1985: Classic Coke Released</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Internet Travel <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the Commons 1:00 Group Game: <i>Can You Name 5?</i> 1:45 Companion Time 2:15 Afternoon Walks to Commons for Music</p> <p style="text-align: center;"><b>2:30 Songs at the House w/Chris</b></p> <p>2:30 Spa at the Commons 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:45 Group Activity: <i>Shut the Box</i> 4:00 Companion Time</p>	<p><b>Country House</b> <b>Country Commons</b> <b>Special Events or Outings</b> <b>Lunch</b> <b>Country House &amp; Commons</b> <b>Both Houses meeting in the</b> <b>Country House Living Room</b></p> <p><b>Quote of the Week:</b></p> <p>“I've always dealt with light, frivolous things that didn't count. But I'm not ashamed of that, because I think there's so much heaviness in our lives. Somebody's got to be the class clown.” —Dick Clark</p>