

The Country House and Commons

Weekly Activity Calendar

Monday, July 25th through Sunday, July 31st 2016



Monday 25th Activities w/Katie	Tuesday 26th Activities w/Katie	Wednesday 27th Activities w/Parvaneh	Thursday 28th Activities w/Parvaneh
<p style="text-align: center;">Salon Day</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Culinarian's Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Short Stories 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House</p> <p>Visits with Pumpkin! 1:30 @ House 2:15 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Ring Toss</i> 4:00 Companion Time</p>	 <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Parent Appreciation Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Senior Yoga</i> 11:30 Guess The Location 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Service Project: <i>Toys for Esplanade House</i> 2:45 Group Activity: <i>Nutz and Boltz</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Volleyball</i> 3:30 Get Moving: <i>Bulls Eye</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Bugs Bunny Debuts 1940</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Trivia! 12:00 Lunch 1:00 Movie of the Day 1:00 Group Game: <i>Apples to Apples</i> 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p style="text-align: center;">2:30 Songs at the House w/Dorothy</p>  <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Group Activity: <i>Race to the Finish</i> 4:00 Companion Time</p>	<p style="text-align: center;">Happy Birthday Tim!</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>WWI Begins 1914</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Dance Party!</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p style="text-align: center;">Flower Arranging 1:45 @ House 2:45 @ Commons</p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>Book Club</i> 4:00 Companion Time</p>
Friday 29th Activities w/Parvaneh	Saturday 30th Activities w/Parvaneh	Sunday 31st Activities w/Carol	Key
<p style="text-align: center;">Fun Friday</p> <p>Q: Why is it called when a cat wins a dog show? A: A Cat-Has-Trophy!</p> <p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Steamboat Willie Premiers</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Yoga and Meditation</i> 11:30 Jokes! 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House Happy Hour! 1:45 @ Commons 2:15 @ House</p> <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Basketball</i> 3:30 Get Moving: <i>Hoop Ball</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Ntl Father -In-Law Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 The Price Is Right 12:00 Lunch 1:00 Movie of the Day 1:00 Group Game: <i>Dominoes</i> 1:45 Companion Time 2:15 Afternoon Walks to House for Music 2:30 Music at the House w/Kathleen</p> <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Balloon Toss</i> 3:45 Group Activity: <i>Color Dominoes</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Ntl Pickling Food Day</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>Yahtzee</i> 2:45 Group Activity: <i>Patriotic Sensory Bin</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>“Eeeeeeh, watch me paste that pathetic palooka with a powerful, pachydermous, percussion pitch.” —Bugs Bunny</p> 