

# The Country House and Commons

Weekly Activity Calendar  
Monday, July 11th through Sunday, July 17th 2016



Monday 11th Activities w/Katie	Tuesday 12th Activities w/Katie	Wednesday 13th Activities w/Parvaneh	Thursday 14th Activities w/Parvaneh
<p style="text-align: center;"><b>Salon Day</b></p> <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>World Population Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 The Price Is Right <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Kings in the Corner</i> 2:45 Group Activity: <i>Puzzles</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Toss</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Etch-A-Sketch Made</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Senior Yoga</i> 11:30 Family Feud <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the House</p> <p style="text-align: center;"><b>Staff Meeting</b> <b>1:30 pm</b></p> <p>2:15 Afternoon Walks to House for Music <b>2:30 Songs at the House</b> w/Dorothy</p> 	 <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1898 Radio Patented</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Internet Travel <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>High Rollers</i> 2:45 Group Activity: <i>Race to the Finish</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Hoop Ball</i> 3:30 Get Moving: <i>Ring Toss</i> 4:00 Companion Time</p>	<p style="text-align: center;"><b>Happy Birthday Val!</b></p> <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Parks &amp; Recreation Mon th</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Dance Party!</i> 11:30 Wheel of Fortune <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the Commons <b>Flower Arranging</b> 1:45@ House 2:45 @ Commons</p>  <p>3:00 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>BINGO</i> 4:00 Companion Time</p>
Friday 15th Activities w/Parvaneh	Saturday 16th Activities w/Parvaneh	Sunday 17th Activities w/Carol	Key
<p style="text-align: center;"><b>Fun Friday</b></p> <p><b>Q: Why does Alice ask so many questions?</b> <b>A: Because she's in Wonderland!</b></p> <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Ntl Blueberry Month</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Yoga and Meditation</i> 11:30 Trivia <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Yahtzee</i> 2:45 Group Activity: <i>Nutz and Boltz</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Hula Hoop Ball</i> 3:30 Get Moving: <i>Hoop Ball</i> 4:00 Companion Time</p>	<p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Ntl Picnic Month</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Family Feud <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the House 1:45 Summer Craft: <i>Spray Painting</i> 2:45 Group Activity: <i>Color Dominoes</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Toss</i> 3:30 Get Moving: <i>Balloon Toss</i> 4:00 Companion Time</p> 	 <p>9:30 Morning Walks 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1960 Disneyland Opens!</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Internet Travel <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Group Game: <i>Yahtzee</i> 2:45 Group Activity: <i>Farm Sensory Bin</i> 3:00 Companion Time 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House &amp; Commons Both Houses meeting in the Country House Living Room</p> <p style="text-align: center;"><b>Quote of the Week:</b></p> <p>“To all who come to this happy place: Welcome. Disneyland is your land. Here age relives fond memories of the past, and here youth may savor the challenge and promise of the future. Disneyland is dedicated to the ideals, the dreams, and the hardfacts that have created America; with the hope that it will be a source of joy and inspiration to all the world.” —Walt Disney</p>