

# The Country House and Commons

Weekly Activity Calendar  
Monday, July 10th through Sunday, July 16th 2017



Monday 10th Activities w/ Lee	Tuesday 11th Activities w/ Carol	Wednesday 12th Activities w/ Lee	Thursday 13th Activities w/ Lauren
 <p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1985 Classic Coke</i> 11:00 Sit &amp; Be Fit: <i>Sit &amp; Be Fit</i> 11:30 What's Missing? 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Word Teasers</i> 2:45 Group Game: <i>Nuts and Bolts</i> 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Ball Toss</i> 4:00 Companion Time</p>	<p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>World Population Day</i> 11:00 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day</p> <p><b><u>Country Village Trinkets to Treasures Bazaar!</u></b></p>  <p>2:45 Group Game: <i>Sensory Matching Game</i> 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Bean Bag Toss</i> 4:00 Companion Time</p>	<p>9:30 Sit &amp; Be Fit Exercises 9:45 Morning Gathering: <i>Etch-A-Sketch 1960</i> 10:00 Group Game: <i>Can You Name 5?</i> 11:15 Sit &amp; Be Fit: <i>Senior Yoga</i> 11:30 What's Missing? 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p>2:30 Songs at the House w/ Greg</p> <p>3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:30 Get Moving: <i>Balloon Tennis</i> 4:00 Companion Time</p> 	<p>9:30 Sit &amp; Be Fit Exercises 9:45 Morning Gathering: <i>1898 Radio Patented</i></p> <p><b><u>Flower Arranging!</u></b> 10:00 @ House</p>  <p>11:30 Sit &amp; Be Fit: <i>Senior Yoga</i> 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons</p> <p><b><i>STAFF MEETING</i></b> <b><i>1:30pm</i></b></p> <p>3:30 Afternoon RA Activity: <i>Parachute Fun!</i></p>
Friday 14th Activities w/ Lee	Saturday 15th Activities w/ Carol	Sunday 16th Activities w/ Nidia	Key
<p><b><i>Fun Friday</i></b> <b>Q: Why is it called when a cat wins a dog show?</b> <b>A: A Cat-Has-Trophy!</b></p> <p><b><u>Happy Birthday Vall!</u></b></p> <p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Parks and Rec Month</i> 11:00 Sit &amp; Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p><b><u>Happy Hour!</u></b> 1:45 @ Commons 2:15 @ House</p> <p>3:30 Afternoon RA Activity: <i>This or That Ball</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	<p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>National Blueberry Month</i></p>  <p>11:00 Sit &amp; Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Wildlife BINGO</i> 2:45 Group Game: <i>Race to the Finish</i> 3:30 Afternoon RA Activity: <i>Balloon Toss</i> 3:30 Get Moving: <i>Hula Hoop Ball</i> 4:00 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>National Picnic Month</i> 11:00 Sit &amp; Be Fit: <i>Senior Yoga</i> 11:30 Guess the Place 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>High Rollers</i> 2:45 Group Game: <i>This or That</i> 3:30 Afternoon RA Activity: <i>Ball Toss</i> 3:30 Get Moving: <i>Bowling</i> 4:00 Companion Time</p> 	<p><b>Country House</b> <b>Country Commons</b> <b>Special Events or Outings</b> <b>Lunch</b> <b>Country House &amp; Commons</b> <b>Both Houses meeting in the</b> <b>Country House Living Room</b></p> <p><b>Quote of the Week:</b> “Flying might not be all plain sailing, but the fun of it is worth the price.” —Amelia Earhart</p>