

The Country House and Commons

Weekly Activity Calendar

Monday, January 16th through Sunday, January 22nd 2012



Monday 16th Activities with Mandy	Tuesday 17th Activities with Tawnya	Wednesday 18th Activities with Mylah	Thursday 19th Activities with Mylah
<p style="text-align: center;">Salon Day</p> <p>9:35 Spa at the House 10:00 Morning Gathering: <i>Martin Luther King Jr. Day</i> 10:30 Exercise w/ bands 11:00 Morning Greetings 11:15 Sit & Be Fit 11:45 Wii Game: Wheel of Fortune 12:30 Lunch 1:15 Walking Club, Visits, & Movie of the Day 1:45 Sorting & Sensory 2:15 Indulge & Be Pampered 2:30 Afternoon Walks & Visits 3:00 Resident Council Meeting</p> <p>Afternoon RA Activity: Picture Match</p>	<p style="text-align: center;">Salon Day</p> <p>9:35 Spa at the Commons 10:00 Morning Gathering: <i>1706– Benjamin Franklin Born</i> 10:30 Exercise w/noodles 11:00 Morning Greetings 11:15 Sit & Be Fit 11:45 Creative Gathering: Making Music 12:30 Lunch 1:15 Walking Club, Visits, & Movie of the Day 1:45 Balloon Toss 2:15 Indulge & Be Pampered 2:30 Afternoon Walks & Visits 3:00 Group Game: Bingo Round 1 3:30 Bingo Round 2 4:00 Afternoon Stories: <i>Tales About Ben Franklin</i></p> <p>Afternoon RA Activity: Bean Bag Toss</p>	<p>9:35 Spa at the House 10:00 Morning Gathering: <i>1904– Actor Cary Grant Born</i> 10:30 Exercise w/tennis balls 11:00 Morning Greetings 11:15 Sit & Be Fit 11:45 Group Game: Pictionary 12:30 Lunch 1:15 Walking Club, Visits, & Movie of the Day 1:45 Bean Bag Toss 2:00 Walks to CMS for Music w/ Michael 2:30 Folk Music w/ Michael After Music 3:30 Walks to House After Music 4:00 Afternoon Trivia</p> <p>Afternoon RA Activity: Balloon Bounce</p>	<p>9:35 Spa at the Commons 10:00 Morning Gathering: <i>1953– 70% of TV's tuned In to watch Lucy give birth on I Love Lucy</i> 10:30 Exercise w/bands 11:00 Morning Greetings 11:15 Sit & Be Fit 11:45 Wii Game: Tournament Bowl 12:30 Lunch 1:15 Walking Club, Visits, & Movie of the Day 1:45 Walks to CMS for Music w/ Archie 2:00 Harmonica w/ Archie 3:00 Walks to House After Music 3:30 Afternoon Stories:</p> <p>Afternoon RA Activity: Picture Match</p>
Friday 20th Activities with Mylah	Saturday 21st Activities with Mandy	Sunday 22nd Activities with Kim	Key
<p>9:35 Spa at the House 10:00 Morning Gathering: <i>National Cheese Day</i> 10:30 Exercise w/ bands 11:00 Morning Greetings 11:15 Sit & Be Fit 11:45 Word Scramble: <i>Find the Cheese</i> 12:30 Lunch 1:15 Movie of the Day & Walking Club 2:00 Walks to CMS for Music w/ Michael 2:30 Folk Music w/ Michael 3:30 Walks to House After Music 4:00 Afternoon Trivia</p> <p>Afternoon RA Activity: Bean Bag Toss</p>	<p>9:35 Spa at the Commons 10:00 Morning Gathering: <i>National Hugging Day</i> 10:30 Exercise with Bands 11:00 Morning Greetings 11:15 Sit & Be Fit 11:45 Group Game: Pictionary 12:30 Lunch 1:15 Afternoon Walks, Vis- its, & Movie of the Day 1:45 Balloon Toss 2:15 Indulge & Be Pampered 2:30 Afternoon Walks & Visits 3:00 Afternoon Creations</p> <p>Afternoon RA Activity: Bean Bag Toss</p>	<p>9:35 Spa at the House 10:00 Morning Gathering: <i>National Blonde Brownie Day</i> 10:30 Exercise w/noodles 11:00 Morning Greetings 11:15 Sit & Be Fit 11:45 Wii Game: Wheel of Fortune 12:30 Lunch 1:15 Afternoon Walks, Visits, & Movie of the Day 1:30 Walks to House for Hymns w/ Dale & Donna 2:00 Hymns w/ Dale & Donna 3:30 Group Game: Bingo: Round 1 4:00 Bingo: Round 2</p> <p>Afternoon RA Activity: Bowling</p>	<p>Country House Country Commons Living Room Special Events or Outings Lunch Both Houses meeting in the Commons Living Room Both Houses meeting in the Country House Living Room Montessori</p> <p>Quote of the Week:</p> <p>“Courage is not the towering oak that sees storms come and go; it is the fragile blossom that opens in the snow.”</p> <p>~ Alice. M. Swain</p>