



# The Country House and Commons



## Weekly Activity Calendar Monday January 6th through Sunday, January 12th 2014

Monday 6th Activities with Mary	Tuesday 7th Activities with Mary	Wednesday 8th Activities with Jalissa	Thursday 9th Activities with Mary
<p style="text-align: center;"><b>Salon Day</b></p> <p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>1912 New Mexico 47th State</i> 10:45 Sit &amp; Be Fit: <i>Stretch Bowling</i> 11:00 Montessori Connections 11:30 Wii Game: <i>Deal or No Deal</i> <b>12:00 Lunch</b> 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Game: <i>High Rollers</i> 2:45 Afternoon Walks <i>And Bean Bag Throw</i> 3:30 Montessori Connections w/Mary</p> <p>Afternoon RA Activity Picture Matching</p>	<p>9:30 Spa at the Commons 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Month of January</i> 10:45 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:00 Montessori Connections 11:30 Morning Trivia: <i>January Word Pairs</i> <b>12:00 Lunch</b> 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Game: <i>Car Races</i> 2:45 Afternoon Walks <i>And Color Game</i> 3:30 Montessori Connections w/Mary</p> <p>Afternoon RA Activity Bean Bag Toss</p>	<p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Elvis Presley Born 1935</i> 10:45 Sit &amp; Be Fit: <i>Exercise w/Noodles</i> 11:00 Montessori Connections 11:30 Wii Game: <i>Wheel of Fortune</i> <b>12:00 Lunch</b>  <b>1:30</b> <b>Folk Music w/Michael</b> <b>At House</b>  <b>Staff Meeting</b></p>	<p>9:30 Spa at the Commons 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>National Apricot Day</i> 10:45 Sit &amp; Be Fit: <i>Stretch Bowling</i> 11:00 Montessori Connections 11:30 Trivia, Facts &amp; Fun: <i>All about Apricots</i> <b>12:00 Lunch</b> 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Game: <i>Bingo</i> 2:45 Afternoon Walks <i>And Bean Bag Throw</i> 3:30 Montessori Connections w/Mary</p> <p>Afternoon RA Activity Picture Matching</p>
Friday 10th Activities with Jalissa	Saturday 11th Activities with Jalissa	Sunday 12th Activities with Mary	Key
<p style="text-align: center;"><i>Fun Friday</i></p> <p><i>Q: Why do seals swim in salt water?</i></p> <p><i>A: Because pepper water makes them sneeze!</i></p> <p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>England's Underground Railway Opens 1863</i> 10:45 Sit &amp; Be Fit: <i>Groovin &amp; Moving</i> 11:00 Montessori Connections 11:30 Wii Game: <i>Family Feud</i> <b>12:00 Lunch</b> 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Game: <i>Rhythmic Music</i> 2:45 Afternoon Walks <i>And Color Game</i> 3:30 Montessori Connections w/Jalissa</p> <p>Afternoon RA Activity: Bean Bag Toss</p>	<p style="text-align: center;"><b>January</b></p> <p>9:30 Spa at the Commons 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Milk Day</i> 10:45 Sit &amp; Be Fit: <i>Stretch Bowling</i> 11:00 Montessori Connections 11:30 Today in History: <i>All about Milk</i> <b>12:00 Lunch</b> 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Game: <i>Bingo</i> 2:45 Afternoon Walks <i>And Bean Bag Throw</i> 3:30 Montessori Connections w/Jalissa</p> <p>Afternoon RA Activity Bowling</p>	<p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>National Oatmeal Day</i> 10:45 Sit &amp; Be Fit: <i>Exercise w/Noodles</i> 11:00 Montessori Connections 11:30 Wii Game: <i>Wheel of Fortune</i> <b>12:00 Lunch</b> 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Game: <i>High Rollers</i> 2:45 Afternoon Walks <i>And Bean Bag Throw</i> 3:30 Montessori Connections w/Mary</p> <p>Afternoon RA Activity Picture Matching</p>	<p>Country House Country Commons Special Events or Outings Lunch Country House &amp; Commons Both Houses meeting in the Country House Living Room</p> <p><b>Quote of the Week:</b></p> <p>"January is here, with eyes that keenly glow, A frost-mailed warrior striding a shadowy steed of snow." - Edgar Fawcett</p>