



The Country House and Commons

Weekly Activity Calendar Monday January 27th through Sunday, February 2nd 2014



Monday 27th Activities with Mary	Tuesday 28th Activities with Mary	Wednesday 29th Activities with Jalissa	Thursday 30th Activities with Mary
<p style="text-align: center;">Salon Day</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Chocolate Day</i> 10:45 Sit & Be Fit: <i>Stretch Bowling</i> 11:00 Montessori Connections 11:30 Wii Game: <i>Wheel of Fortune</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Game: <i>"Chocolate" Word Scramble</i> 2:45 Afternoon Walks <i>And Bean Bag Throw</i> 3:30 Montessori Connections w/Mary</p> <p style="text-align: center;">Afternoon RA Activity Picture Matching</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Kazoo Day</i> 10:45 Sit & Be Fit: <i>Exercise w/Noodles</i> 11:00 Montessori Connections 11:30 Morning Reminiscing: <i>Fun Childhood Toys</i> 12:00 Lunch 1:00 Afternoon Walks to <i>House for Music</i> 1:15 Afternoon Walks 1:30 Singing w/Dorothy At House 2:30 Walk to the CMS <i>After Music</i> 2:45 Afternoon Walks <i>With Balloon Toss</i> 3:30 Montessori Connections w/Mary</p> <p style="text-align: center;">Afternoon RA Activity Bean Bag Toss</p>	<p style="text-align: center;">Happy Birthday Gerry!</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Puzzle Day</i> 10:45 Sit & Be Fit: <i>Groovin & Moovin</i> 11:00 Montessori Connections 11:30 Wii Game: <i>Family Feud</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Game: <i>Bingo</i> 2:45 Afternoon Walks <i>And Color Game</i> 3:30 Montessori Connections w/Jalissa</p> <p style="text-align: center;">Afternoon RA Activity Bowling</p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Pres. Roosevelt Born 1882</i> 10:45 Sit & Be Fit: <i>Stretch Bowling</i> 11:00 Montessori Connections 11:30 Today in History: <i>President Franklin Roosevelt</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Game: <i>High Rollers</i> 2:45 Afternoon Walks <i>And Bean Bag Throw</i> 3:30 Montessori Connections w/Mary</p> <p style="text-align: center;">Afternoon RA Activity Picture Matching</p>
Friday 31st Activities with Jalissa	Saturday 1st Activities with Jalissa	Sunday 2nd Activities with Mary	Key
<p style="text-align: center;"><i>Fun Friday</i></p> <p>Q: How do you know if there's a snowman in your bed? A: You wake up wet!</p> <p style="text-align: center;">Happy Birthday Ann!</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>First Social Security Check Issued 1940</i> 10:45 Sit & Be Fit: <i>Exercise w/noodles</i> 11:00 Montessori Connections 11:30 Wii Game: <i>Wheel of Fortune</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Game: <i>Rhythmic Music</i> 2:45 Afternoon Walks <i>And Balloon Toss</i> 3:30 Montessori Connections w/Jalissa</p> <p style="text-align: center;">Afternoon RA Activity: Bean Bag Toss</p>	<div style="text-align: center;">  </div> <p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Fabulous February!</i> 10:45 Sit & Be Fit: <i>Stretch Bowling</i> 11:00 Montessori Connections 11:30 Trivia, Facts & Fun: <i>All about February</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Game: <i>Bingo</i> 2:45 Afternoon Walks <i>And Bean Bag Throw</i> 3:30 Montessori Connections w/Jalissa</p> <p style="text-align: center;">Afternoon RA Activity Bowling</p>	<p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Groundhog's Day</i> 10:45 Sit & Be Fit: <i>Groovin & Moovin</i> 11:00 Montessori Connections 11:30 Wii Game: <i>Deal or No Deal</i> 12:00 Lunch 1:00 Movie of the Day 1:15 Afternoon Walks 1:45 Group Game: <i>Football Touchdown</i> 2:15 Afternoon Walks <i>With Color Game</i></p> <p style="text-align: center;">2014 Super Bowl Game 3:00pm</p> <p style="text-align: center;">Denver Broncos vs. Seattle Seahawks</p>	<p style="text-align: center;">Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p style="text-align: center;">Quote of the Week:</p> <p>"Bare branches of each tree on this chilly January morn look so cold so forlorn. Gray skies dip ever so low left from yesterday's dusting of snow. Yet in the heart of each tree waiting for each who wait to see new life as warm sun and breeze will blow, like magic, unlock springs sap to flow, buds, new leaves, then blooms will grow." - Nelda Hartmann, <i>January Morn</i></p>