



The Country House and Commons



Weekly Activity Calendar Monday, February 6th through Sunday, February 12th

Monday 6th Activities w/ Carol	Tuesday 7th Activities w/ Parvaneh	Wednesday 8th Activities w/ Nidia	Thursday 9th Activities w/ Carol
<p>Salon Day</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Alan Shepard Hits Golf Balls on the Moon</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Sit & Be Fit</i> 11:30 What's Missing? 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Can You Name 5?</i> 2:45 Group Game: <i>Race to the Finish</i> 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Hula Hoop Ball</i></p> 	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Beatles 1st Tour</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day</p> <p>Country Village Trinkets and Treasures Bizarre!</p>  <p>2:45 Group Game: <i>Valentine Sensory Bin</i> 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Bean Bag Toss</i></p>	<p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Boy Scout Day</i></p>  <p>10:45 Companion Time 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Valentine's Day Craft</i> 2:45 Group Game: <i>Valentine's Day Craft</i> 3:30 Afternoon RA Activity: <i>Basketball</i> 3:30 Get Moving: <i>Balloon Volleyball</i></p>	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>February Flower: Violet</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Deal Or No Deal 12:00 Lunch 1:00 Movie of the Day</p> <p>Flower Arranging! 1:00 @ House</p>  <p>2:45 Group Game: <i>Basketball</i> 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Companion Time</p>
Friday 10th Activities w/ Nidia	Saturday 11th Activities w/ Carol	Sunday 12th Activities w/ Nidia	Key
<p>Fun Friday</p> <p>Q: What fruit is twice as good as another? A: A pear!</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>February Birthstone: Amethyst</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>High Rollers</i> 2:45 Group Game: <i>Teddy Bear BINGO</i> 3:30 Afternoon RA Activity: <i>Balloon Toss</i> 3:30 Get Moving: <i>Mini Golf</i></p> 	 <p>9:30 Companion Time 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Steamboat Patented</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Deal or no Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Women of the Civil War</i> 2:45 Group Game: <i>Colored Dominoes</i> 3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:30 Get Moving: <i>Balloon Tennis</i></p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Abe Lincoln's Birthday</i> 10:00 Group Game: <i>Scrabble</i> 10:45 Morning Walks 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Companion Time 2:15 Afternoon Walks to Commons for Music</p> <p>2:30 Piano at the Commons w/ Chris</p> <p>3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Get Moving: <i>Conversation Ball</i></p> 	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week:</p> <p>"Keep your faith in beautiful things; in the sun when it is hidden, in the Spring when it is gone."</p> <p>- Roy R. Gibson</p>