

The Country House and Commons

Weekly Activity Calendar

Monday, February 20th through Sunday, February 26th 2017

Monday 20th Activities w/ Lee	Tuesday 21st Activities w/ Parvaneh	Wednesday 22nd Activities w/ Lee	Thursday 23rd Activities w/ Carol
<p>Salon Day</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Love Your Pet Day</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Sit & Be Fit</i> 11:30 What's Missing? 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p>Butte Humane Society Dog Visits! 1:30 @ House 2:15 @ Commons</p> <p>3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Conversation Ball</i></p> 	<p>9:30 Spa at the Commons 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>National Sticky Bun Day</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Resident Council</i> 2:45 Group Game: <i>Jumbo Checkers</i> 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Bean Bag Toss</i></p>	<p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>George Washington's Bday</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Internet Travel 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p>Baking with Mel: 1:45 @ Commons 2:45 @ House</p>  <p>3:30 Afternoon RA Activity: <i>Basketball</i> 3:30 Get Moving: <i>Balloon Volleyball</i></p>	<p>RESIDENT LUNCH OUTING Load @ 12 PM</p> <p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Tootsie Rolls Invented</i></p> <p>Flower Arranging! 10:00 @ House</p> <p>11:30 Sit & Be Fit: <i>Senior Yoga</i> 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p>2:30 Folk music at the House w/ Loki</p> <p>3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Companion Time</p>
Friday 24th Activities w/ Lee	Saturday 25th Activities w/ Nidia	Sunday 26th Activities w/ Nidia	Key
<p>Fun Friday Q: What fruit is twice as good as another? A: A pear!</p> <p>9:30 Spa at the House 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>American Pie Month</i> 10:45 Companion Time 11:15 Sit & Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long 12:00 Lunch 1:00 Movie of the Day 1:00 Companion Time</p> <p>Happy Hour! 1:45 @ Commons 2:15 @ House</p>  <p>3:30 Afternoon RA Activity: <i>Balloon Toss</i> 3:30 Get Moving: <i>Mini Golf</i></p>	<p>Happy Birthday Daniel!!</p> <p>9:30 Companion Time 10:15 Sit & Be Fit Exercises 10:30 Morning Gathering: <i>Clam Chowder Day</i></p>  <p>10:45 Companion Time 11:15 Sit & Be Fit: <i>Exercise w/ Noodles</i> 11:30 Deal or no Deal 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the House 1:45 Group Game: <i>Yahtzee Hands Down</i> 2:45 Group Game: <i>Valentine Sensory Bin</i> 3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:30 Get Moving: <i>Balloon Tennis</i></p>	<p>9:30 Sit & Be Fit Exercises 9:45 Morning Gathering: <i>Carnival!</i> 10:00 Group Game: <i>Farkle</i> 11:15 Sit & Be Fit: <i>Groovin & Moovin</i> 11:30 Family Feud 12:00 Lunch 1:00 Movie of the Day 1:00 Spa at the Commons 1:45 Companion Time 2:15 Afternoon Walks to Commons for Music</p> <p>2:30 Piano at the Commons w/ Chris</p> <p>3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Get Moving: <i>Conversation Ball</i></p>	<p>Country House Country Commons Special Events or Outings Lunch Country House & Commons Both Houses meeting in the Country House Living Room</p> <p>Quote of the Week: "Keep your faith in beautiful things; in the sun when it is hidden, in the Spring when it is gone." - Roy R. Gibson</p>