



# The Country House and Commons



## Weekly Activity Calendar Monday, February 1st through Sunday, February 7th 2016

Monday 1st Activities w/ Katie	Tuesday 22nd Activities w/ Bre	Wednesday 3rd Activities w/ Katie	Thursday 4th Activities w/ Bre
<p><b>Salon Day</b></p> <p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>International Pancake Day</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Wheel of Fortune <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: Sequence BINGO <b>2:45 Group Activity:</b> <i>Teddy Bear BINGO!</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Balloon Volleyball</i> 4:00 Companion Time</p> 	<p>9:30 Spa at the Commons 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Ground Hog Day</i></p>  <p>10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Internet Travel <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>Mardi Gras Mask Craft</i> <b>2:45 Group Activity:</b> <i>Mardi Gras Mask Craft</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Balloon Toss</i> 4:00 Companion Time</p>	<p>9:30 Sit &amp; Be Fit Exercises 9:45 Morning Gathering: <i>National Carrot Cake Day</i> 10:00 Morning Walks 10:30 Get Moving: <i>Bean Bag Toss</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Yoga &amp; Meditation</i> 11:30 Guess the Place <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Group Game: <i>BINGO</i> 1:45 Companion Time <b>2:15 Afternoon Walks to</b> House for Music</p> <p><b>2:30 Songs at the House</b> w/ Dorothy</p> <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: <i>Mardi Gras Sensory Bin</i> 4:15 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>The Day the Music Died</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Dance Party!</i> 11:30 Deal or No Deal <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Afternoon Walks</p> <p><b>Flower Arranging!</b> <b>1:45 @ Commons</b> <b>2:45 @ House</b></p>  <p>3:15 Companion Time 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Group Game: <i>Finish the Phrase</i> 4:00 Companion Time</p>
Friday 5th Activities w/ Katie	Saturday 6th Activities w/ Carol	Sunday 7th Activities w/ Carol	Key
<p><b>Fun Friday</b> <b>Q: Why did the banana go out with the prune?</b> <b>A: Because it couldn't get a date!</b></p> <p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Weatherman Appreciation</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>Mardi Gras Buncco</i> <b>2:45 Group Activity:</b> <i>Nuts and Bolts</i> 3:15 Companion Time 3:30 Afternoon RA Activity: <i>Baseball</i> 3:30 Get Moving: <i>Mini Golf</i> 4:00 Companion Time</p>	<p>9:30 Sit &amp; Be Fit Exercises 9:45 Morning Gathering: <i>Alan Shepard Hits Golf Balls on the Moon</i> 10:00 Group Game: <i>Apples to Apples</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Family Feud <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Afternoon Walks 1:30 Companion Time 2:00 Get Moving: <i>Big Bead Toss</i> <b>2:15 Afternoon Walks to</b> House for Music</p> <p><b>2:30 Hymns at the House</b> w/ Donnie</p> <p>2:30 Spa at the House 3:30 Afternoon RA Activity: <i>Kick Ball</i> 3:45 Group Activity: <i>Valentine's Montessori Puzzle</i> 4:15 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>The Beatles 1st Tour 1964</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 The Price is Right <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Afternoon Walks 1:45 Group Game: <i>High Rollers</i> <b>2:15 Group Activity:</b> <i>Sensory Matching Game</i></p> <p><b>2016</b> <b>Super Bowl Game</b> <b>3:00pm</b></p> <p><b>Denver Broncos</b> <b>vs.</b> <b>Carolina Panthers</b></p> 	<p><b>Country House</b> <b>Country Commons</b> <b>Special Events or Outings</b> <b>Lunch</b> <b>Country House &amp; Commons</b> <b>Both Houses meeting in the</b> <b>Country House Living Room</b></p> <p><b>Quote of the Week:</b></p> <p>"Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire: it is the time for home."</p> <p>- Edith Sitwell</p>