



# The Country House and Commons



## Weekly Activity Calendar Monday, February 13th through Sunday, February 19th 2017

Monday 13th Activities w/ Carol	Tuesday 14th Activities w/ Parvaneh	Wednesday 15th Activities w/ Nidia	Thursday 16th Activities w/ Carol
<p style="text-align: center;"><b>Salon Day</b></p> <p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: Kim Novak Birthday 10:45 Companion Time 11:15 Sit &amp; Be Fit: <i>Sit &amp; Be Fit</i> 11:30 What's Missing? <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Companion Time</p> <p><b>Cookie Decorating!</b> 1:45 @ House 2:45 @ Commons</p>  <p>3:30 Afternoon RA Activity: <i>Balloon Bat</i> 3:30 Get Moving: <i>Heart's Bean Bag Toss</i></p>	<p>9:30 Sit &amp; Be Fit Exercises 9:45 Morning Gathering: <i>Valentine's Day</i> <b>Chico Christen</b> <b>School Singers!</b> 10:00 @ House 10:30 @ Commons 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Yoga &amp; Meditation</i> 11:30 Wheel of Fortune <b>12:00 Lunch</b> 1:00 Movie of the Day</p> <p><b>Valentine's Day Parties!</b> 1:45 @ Commons 2:15 @ House <i>Famous Sweethearts</i> <i>Valentine's Minute-to-Win-it</i> <i>Matching Games</i></p> <p>3:00 Spa at the Commons 3:30 Afternoon RA Activity: <i>Bean Bag Toss</i> 3:30 Get Moving: <i>Bean Bag Toss</i></p>	<p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Canning Food Discussion</i> 10:45 Companion Time 11:15 Sit &amp; Be Fit: <i>Groovin &amp; Moovin</i> 11:30 Internet Travel <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Valentine BINGO</i> 2:45 Group Game: <i>Sensory Matching Game</i> 3:30 Afternoon RA Activity: <i>Basketball</i> 3:30 Get Moving: <i>Balloon Volleyball</i></p> <p style="text-align: center;"><i>Happy Valentine's Day</i></p> 	<p>9:30 Spa at the Commons 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>President's Day</i> 10:45 Companion Time 11:15 Sit &amp; Be Fit: <i>Exercise w/ Noodles</i> 11:30 Deal Or No Deal <b>12:00 Lunch</b> 1:00 Movie of the Day</p> <p style="text-align: center;"><b>Flower Arranging!</b> 1:00 @ House</p> <p>2:45 Group Game: <i>Heart's Bean Bag Toss</i> 3:30 Afternoon RA Activity: <i>Bowling</i> 3:30 Companion Time</p>
Friday 17th Activities w/ Nidia	Saturday 18th Activities w/ Carol	Sunday 19th Activities w/ Nidia	Key
<p style="text-align: center;"><b>Fun Friday</b></p> <p><b>Q: What did the stamp say to the envelope on Valentine's Day?</b></p> <p><b>A: I'm stuck on you!!</b></p> <p>9:30 Spa at the House 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Random Act of Kindness</i> 10:45 Companion Time 11:15 Sit &amp; Be Fit: <i>Dance Party!!!</i> 11:30 Sing-A-Long <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Companion Time 1:45 Group Game: <i>Mardi Gras Craft</i> 2:45 Group Game: <i>Mardi Gras Craft</i> 3:30 Afternoon RA Activity: <i>Balloon Toss</i> 3:30 Get Moving: <i>Mini Golf</i></p>	<p>9:30 Sit &amp; Be Fit Exercises 9:45 Morning Gathering: <i>Huckleberry Finn Published</i></p>  <p>10:00 Group Game: <i>HEARTS Yahtzee</i> 10:45 Morning Walks 11:15 Sit &amp; Be Fit: <i>Senior Yoga</i> 11:30 What's Missing? <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Spa at the House 1:45 Companion Time 2:15 Afternoon Walks to House for Music</p> <p><b>2:30 Hymns at the House w/ Donnie</b></p> <p>3:30 Afternoon RA Activity: <i>Parachute Fun!</i> 3:45 Companion Time</p>	<p>9:30 Spa at the Commons 10:15 Sit &amp; Be Fit Exercises 10:30 Morning Gathering: <i>Prize in Cracker Jack Box</i> 10:45 Companion Time 11:15 Sit &amp; Be Fit: <i>Senior Yoga</i> 11:30 Guess the Place <b>12:00 Lunch</b> 1:00 Movie of the Day 1:00 Companion Time</p> <p><b>Therapy Bunnies Visit!!!</b> 1:30 @ House 2:30 @ Commons</p>  <p>3:30 Afternoon RA Activity: <i>Ball Toss</i> 3:30 Get Moving: <i>Bowling</i></p>	<p><b>Country House</b> <b>Country Commons</b> <b>Special Events or Outings</b> <b>Lunch</b> <b>Country House &amp; Commons</b> <b>Both Houses meeting in the Country House Living Room</b></p> <p><b>Quote of the Week:</b> Love is a symbol of eternity. It wipes out all sense of time, destroying all memory of a beginning and all fear of an end.</p> <p>~Author Unknown</p>